

# Sage Health and Wellness Center

Primary and preventive care exclusively for Grand Junction employees and their families



## Preventive Care

### Health Screenings

- Annual Exams
- Women's/Men's Health
- Blood Pressure
- Immunizations
- Cholesterol
- Glucose
- School, Camp and Sports Physicals

### Chronic Conditions

- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart Health
- Low Back Pain
- Obesity
- Sleep Apnea
- Educational Offerings

### Health Coaching

- Nutrition
- Physical Activity
- Tobacco Cessation
- Stress Management
- Weight Loss



## Acute Care

- Bronchitis
- Common Cold
- Constipation
- Cough
- Eye Infections
- Headache
- Joint Pain
- Nausea and Vomiting
- Nosebleed
- Sinus Infections
- Skin Infections
- Strep Throat
- Point of care testing
- Prescribing and dispensing common medications

Sage can complement your Primary Care Provider relationship or help you find a community provider.



## Behavioral Health

- Anxiety
- Depression
- Eating disorders
- Relationships
- Grief
- PTSD



## Eligibility and cost

Employees, spouses, and dependents ages 2+ who are covered on a City medical plan are eligible for services. There is no cost for services provided at Sage (HDHP members pay \$25 for acute care only).



## Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.



## Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.



### SCHEDULE AN APPOINTMENT

Scan the QR code or call  
970-628-0012 | [my.marathon-health.com](http://my.marathon-health.com)

## Sage Health and Wellness Center

2525 N 8th Street, Suite 102 Mon/Wed/Fri 7:00am - 3:30pm  
Grand Junction, CO 81501 Tues/Thurs: 8:30-5:00  
970-628-0012

