

Our services: In-person and virtual care

Marathon Health is your complete health partner, covering up to 90% of your health and wellness needs.

Primary and preventive care	Immediate and sick care
<ul style="list-style-type: none"> • Annual exams and screenings • Blood pressure • Biometric screening (height, weight, blood glucose, and cholesterol) • Condition management (diabetes, heart disease, COPD, and more) • Mental health support (provider assessment for mental health concerns) • Vaccines (flu, COVID, TDAP, and more) 	<ul style="list-style-type: none"> • Bronchitis • Common cold • Constipation • Cough • Diarrhea • Eye infections • Headache • Joint pain • Nausea and vomiting • Nosebleed • Sinus infections • Skin infections • Strep throat
Family care (ages 2+)	Lab services ¹
<ul style="list-style-type: none"> • School and sports physicals • Minor injuries (cuts, scrapes, and minor burns) • Sick care (fever, flu, vomiting, pink eye, cough, and more) 	<ul style="list-style-type: none"> • Basic metabolic panel • Blood draws and sample collection • Cholesterol • Hemoglobin A1c • Pregnancy test • Screening for diabetes • Urinalysis
Medications	Health coaching & condition management
<ul style="list-style-type: none"> • Many common medications can be dispensed at the time of your appointment, or prescribed through a local pharmacy. 	<ul style="list-style-type: none"> • Diabetes prevention or management • High blood pressure • Achieving/maintaining a healthy weight • High cholesterol • Physical activity • Sleep • Work/life balance
Mental health counseling (ages 12+)	Physical therapy and medical massage (12+)
<ul style="list-style-type: none"> • Anxiety, excessive worries • Depressed mood, sadness • Trauma • Grief • Substance abuse (alcohol, drugs) • Relationship concerns (individual, family,) • Stress, anger • Post-traumatic stress 	<ul style="list-style-type: none"> • Treatment for acute and chronic injury • Pain management • Post-surgical recovery • Sports injuries • NOTE: By referral only

Suicide & crisis lifeline: call or text 988
Crisis text line: text the phrase HOME to 741741



Schedule an appointment
 Call 970-628-0012
 or visit my.marathon.health