

Employee Resource Guide on COVID-19 Testing, Vaccinations, and Masks

Resources for Employees on COVID-19 Testing

- **PCR Testing** (A PCR test, also called a molecular test or polymerase chain reaction test, detects genetic material specific to the virus that causes COVID-19. PCR testing is considered the “gold standard” in COVID-19 detection and is often more accurate than a rapid test, especially in individuals without symptoms.)
 - Mesa County Fairgrounds: Tuesday-Saturday 7 am – 3 pm
 - Location: 27885 US-50
 - Long Family Memorial Park: M,W,F 7 am - 3pm, T,TH 9 am - 4:30 pm
 - Location: 3117 F Road
 - Fruita 8/9 School: Monday- Friday 8:30 am - 3 pm
 - Location: 1835 J Road
 - Colorado Mesa University: M-F 8 am – 4 pm, Saturday 8 am- 12 pm
 - Location: 1280 Cannell Ave
 - All Locations require 2-Step pre-registration process
 - Create an Account using <https://mako.exchange/scheduler/registration/?location=22>
 - Results available in 24-hours to 4-days (depends on any shipping delays and the quantity of samples being tested in the laboratory).
 - Results are emailed and/or texted depending on how the account was created
 - For more information visit: <https://health.mesacounty.us/covidtesting/>

- **Rapid Testing** (also called an Antigen Test). This test detects protein fragments specific to the Coronavirus. It can be done at home, in a clinic, doctor’s office, or hospital. Turnaround time for results is usually very quick and, in some cases, results can be reported within 15 minutes.
 - Mesa County Fairgrounds
 - A limited number of free rapid tests are available each day and should be used by those patients experiencing COVID-19 symptoms.
 - Free/Reimbursable Rapid Tests
 - State of Colorado

- <https://covid19.colorado.gov/covid-19-testing-at-home>
- Federal Government
 - <https://www.covidtests.gov/>
- USPS
 - <https://special.usps.com/testkits>
- Local Pharmacies including Walgreens, Safeway, CVS, Walmart, Sam’s Club. Check with your local pharmacy on availability.
- Rapid COVID-19 At-Home Tests are refundable through health insurance providers as mandated by the federal government. This includes at-home tests purchases by City of Grand Junction employees on Cigna health insurance.
 - Cigna Over -the-Counter Test Kit Claim Form: <https://www.cigna.com/static/www-cigna-com/docs/coronavirus/covid-otc-med-claim-form.pdf>
- Additional Resources: <https://www.cigna.com/coronavirus/>

Resources for Employees Experiencing COVID-19 Symptoms

- Call your primary care physician or use one of the following options:
 - Employees with City Health Insurance (Cigna)
 - Call the Sage Health & Wellness Center
 - (970) 628-0012
 - Hours of operations Mon: Closed. Tue/Thu 8:30am - 5:00pm. Wed: 7:00am - 3:30pm. Fri: 7am - 1pm.
 - Cigna MDLIVE 24/7 365 -even on weekend and holidays
 - 1-800-726-3171
 - Call the Mesa County hotline at (970) 683-2300. More information is available online at health.mesacounty.us.

Resources for Employees on COVID-19 Vaccinations

Employees can get free COVID-19 vaccinations at:

- Mesa County Public Health
 - Location: 510 29 ½ Road
 - To Schedule initial or booster vaccination: <https://scheduling.mesacountyhealth.com/public/covidVaccination/index.php?lang=en>
 - Walk ins are welcome for ages 12+ Wed-Fri 10 am – 5 pm
 - Children ages 5-11 are required to make an appointment

- All Local Pharmacies
 - Call your local pharmacy for information regarding availability and appointment scheduling
- Primary Care Physician
 - Call your Primary Care Physician for information regarding availability and appointment scheduling

NOTE: The Sage Health and Wellness Clinic does not provide COVID-19 vaccinations

Resources for Employees on Masks

- CDC
 - Guidance on Mask Wearing <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html>
- Where to Get Free KN95 Masks
 - State of Colorado <https://covid19.colorado.gov/freemasks>
 - Mesa County Public Library
 - City of Grand Junction
 - Free KN95 Masks- Contact HR 970-244-1512
 - Pharmacies
 - Local pharmacies will begin distributing free KN95 masks starting 1/28/2022