## **Minutes to Miles is back!**

## May 1 – June 9

Prizes will be randomly drawn for those logging enough miles in one of four categories:

- Grand: 2001 + miles
- Second: 1501 2000 miles
- Third: 1001 1500 miles
- Fourth: 500 1000 miles



6-week wellness challenge

1 minute of activity = 1 mile

Minimum of 500 miles

Weekly participation prizes

Use the Marathon <u>e-Portal</u> to: • Register by May 12 • Log your miles May 1 – June 9

**Questions?** 

**Contact Wanda Winkelmann** 

wandaw@gjcity.org

970-244-1561

