



Meet your care team



The care team at Sage Health and Wellness Center cares about your wellbeing. Our trusted providers offer medical care, mental health counseling, treatment for musculoskeletal injuries, vaccines and labs, and anything else you need to take your next step to better health.



Eric Becker, PA-C, Physician Assistant

Eric is a certified PA with experience in Family Medicine and Urgent Care. He's served as provider and health center director at Sage Health and Wellness Center since 2020. Known for his patient-centered approach, Eric helps patients reach their health goals through compassionate care. He enjoys outdoor adventures with his wife and son.



Billie McCauley, LPC, Mental Health Counselor

Billie is a Licensed Professional Counselor and Addiction Counselor with a Master's in Clinical Mental Health Counseling. She uses a person-centered, evidence-based approach to support clients through a wide range of mental and physical health challenges. A Colorado native, Billie brings warmth, humility, and humor into her work with clients.



Sonja Evers, PT, OCS, COMT, MBA, Physical Therapist

Sonja is a board-certified orthopedic clinical specialist and manual therapist with over 30 years of experience in outpatient orthopedic and sports physical therapy. She takes a highly individualized, goal-driven approach to care and is deeply invested in her patients' success. A former pro cyclist, she stays active with mountain biking, rock climbing, and paddling.

Sage Health and Wellness Center

2525 N 8th St. Ste. 106
Grand Junction, CO 81501
970-628-0012

Hours

Mon. 7:00am - 3:30pm
Tues. 8:30am - 5:00pm
Wed. 7:00am - 3:30pm
Thur. 8:30am - 5:00pm
Fri. 7:00am - 3:30pm

Closed for lunch 12:00 - 12:30 pm
Note that mental health counseling and medical massage hours vary.



Schedule an appointment

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or visit my.marathon.health



Meet the team continued



Andrea Marchese, DPT, LMT, Physical Therapist

Andrea is a Doctor of Physical Therapy with over 20 years of experience, specializing in orthopedic rehabilitation. Known for her compassionate and upbeat style, she combines clinical expertise with humor and empathy to guide patients through recovery. Based in Grand Junction, Andrea embraces the local active lifestyle like hiking and mountain biking.



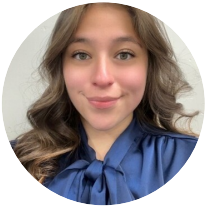
Sandy Haber, Medical Massage Therapist

Sandy is a nationally certified medical massage therapist with experience in rehab, oncology, and hospital settings. She brings advanced techniques such as myofascial release, craniosacral therapy, and oncology massage to help patients with complex needs, especially in the head and neck. A former lab tech, she blends clinical insight with therapeutic care.



Zaylee Carrella, RMA, RPT, Medical Assistant and Care Navigator

Zaylee is a Registered Medical Assistant and phlebotomist with eight years of experience in diverse clinical environments including family medicine and lab services. She is passionate about delivering personalized, compassionate care and building trust with each patient.



Kaya Apodaca, Medical Receptionist

Kaya is the welcoming face of Sage Health and Wellness Center. She is dedicated to ensuring a smooth, supportive experience for every patient. She keeps the front office running seamlessly while helping patients feel heard and cared for. Outside the clinic, she's an avid volleyball and pickleball player, crochet enthusiast, and proud cat parent.

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