

#### URBAN TRAILS COMMITTEE AGENDA CITY HALL AUDITORIUM, 250 N 5<sup>th</sup> STREET

#### WEDNESDAY, SEPTEMBER 11, 2024 - 5:30 PM

#### Call to Order/Announcements

- 1. Welcome to new committee member
- 2. Thank You card for participation in Know Your City event

#### **Approval of Minutes**

1. August minutes

#### Action Items

1. Request for Support - Mesa County - Reconnecting Communities

#### **Discussion Items**

- 1. Core Arterial Network discussion
- 2. 7th Street Feasibility Study
- 3. Mesa County Public Health Community Health Public Needs Assessment

#### Updates

- 1. Living Streets subcommittee
- 2. 4th & 5th Street
- 3. Impact Fees

#### **Other Business/Public Comment**

#### Adjournment

Attendees: Athena F., Julia W., Steve M., Kristen B., Josh M., Brent S, Mike H., Diana R., Brooke C., Jason N. TBC!

Staff/Ex-Officio: Trent Prall, Eric Mocko, Thomas Lloyd, Andy Gingerich, Anita Sheetz

Guests: Erin Allard, Rachel Peterson

#### Minutes

Call to Order/Announcements: Thank you card from the Communications Department shared with the Committee.

#### **Meeting Minutes**

1. July Minutes

Diana moves to approve July minutes. Julia seconds, unanimous approval.

#### Action Items

1. Salt Flats Infrastructure Grant support

Trent shared background on the grant opportunity and application. Diana moves for UTC to support with a letter, as drafted. Julia seconds, unanimous approval. The committee did ask that staff include a reference for the statistic that "transportation costs can, approach, or even exceed housing costs."

2. SS4A Grant support

Rachel and Trent shared background on SS4A grant opportunity and proposed application. Diana moves for UTC to support with a letter, as drafted. Steve seconds, unanimous approval.

3. Walk Audit

Committee discussed plans for a walk audit and potential times. Locations that were discussed included Sections of Patterson near the Mall, the area by the Eastern Access of the New Recreation Center, the 24 Road Corridor, 12<sup>th</sup> Street from Orchard to Patterson, Orchard Ave, and various spots adjacent to HWY 50 in Orchard Mesa. Kristen moved to table discussion until the September meeting. Mike seconds, unanimous approval.

#### Discussion Items

1. 2050 Regional Transportation Plan and Safety Action Plan

Andy, Rachel. and Eric presented on the plans and programs in progress. Links were given for UTC members to be involved in the planning processes and provide feedback for the plans online.

2. Core Arterial Network

The committee briefly discussed the Core Arterial Maps. It was the consensus of the committee to table further discussion on the Core Arterial Network Maps until the September meeting.

#### Updates

1. Western Colorado Transportation Safety Symposium

Rachel presented about the Western Colorado Transportation Safety Symposium and shared the invitation and info on the upcoming symposium – August 28.

#### 2. Living Streets Subcommittee

Brent presented updates from the August meeting, explaining that the committee had narrowed down for the Living Streets area on 4<sup>th</sup> and 5<sup>th</sup> to be between Ute and Grande and that the calls for Artists went out. Bike Racks and Public Art would also be in these areas dependent on budget.

#### 3. Palisade RFT connection

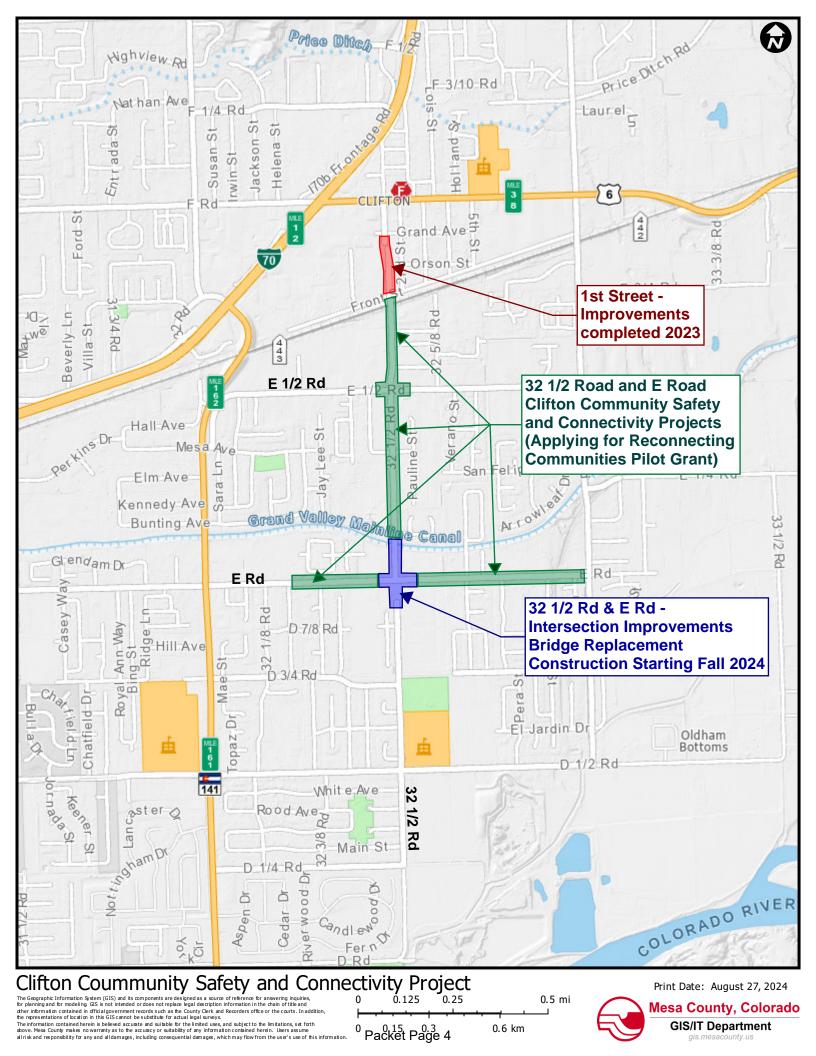
Steve shared about the trail gap to Palisade. There is still an opportunity to provide input.

4. Impact Fees update

Steve shared about the recent Impact Fees stakeholder meeting.

Public Comment

Adjournment



11 September 2024

The Honorable Pete Buttigieg Secretary U.S. Department of Transportation 1200 New Jersey Avenue SE Washington, DC 20590



#### Subject: Support for 32 ½ Road and E Road Reconnecting Communities Pilot Grant Application

Dear Secretary Buttigieg:

On behalf of Grand Junction's Urban Trails Committee, we are pleased to express support for the 32 <sup>1</sup>/<sub>2</sub> Road and E Road Clifton Community Safety and Connectivity Project, which has been submitted for funding consideration through the Reconnecting Communities Pilot (RCP) grant program. Many roadways in our neighboring community of Clifton, Colorado have long been lacking in pedestrian and multimodal infrastructure, creating a barrier between residents and important community amenities and resources. Completion of this project will overcome these barr

iers, allowing for much needed multimodal connections to schools, parks, the library, community center, childcare, riverfront and nature trails, shopping centers, employment centers, and other community resources.

As an advisory committee to Grand Junction's City Council, the Urban Trails Committee is tasked with guiding elected officials and City Staff on programming, policy, and physical infrastructure to ensure our entire community has access to safe, comfortable, and right-sized transportation options to meet their daily needs. Clifton is immediately adjacent to the City of Grand Junction, and many community members employed within Grand Junction live in the unincorporated Clifton area. Conversely, Clifton offers many commerce and community opportunities to residents of the City of Grand Junction.

As the plan for 32 ½ Road and E Road include new multimodal facilities where none exist currently, this project is aligned with the vision of the Urban Trails Committee and of Grand Junction's Pedestrian and Bicycle Plan, adopted by City Council in 2023.

Sincerely, The City of Grand Junction Urban Trails Committee

Athena Fouts Chair, Urban Trails Committee Dr. Stephen Meyer Vice Chair, Urban Trails Committee



#### Department of Public Works Administration – Development Services - Engineering – Traffic Solid Wasta Management – Road & Pridge – Elect

Solid Waste Management – Road & Bridge – Fleet 200 S. Spruce Street • P.O. Box 20,000 • Grand Junction, Colorado 81501 Phone (970) 244-1765

September 9, 2024

Athena Fouts Chair Urban Trails Committee 250 North 5th Street Grand Junction, CO 81501

#### Subject: Request for Letter of Support 32 1/2 Road and E Road Reconnecting Communities Pilot Grant

Dear Ms. Fouts,

This letter is to inform you of Mesa County's application for the Reconnecting Communities Pilot (RCP) Grant program for the 32 1/2 Road and E Road Clifton Community Safety and Connectivity Project. The RCP Discretionary Grant Program helps communities build community-centered transportation connections with a focus on improving access to daily needs such as jobs, education, healthcare, food, nature, and recreation. The lack of pedestrian and bicycle facilities on the 32 1/2 Road and E Road corridors is a significant barrier for residents seeking to access to these resources. The proposed corridor improvements will help to remove these barriers, making this project a good fit for this grant program.

Mesa County is committed to improving access along these transportation corridors. Following is a brief summary of transportation related efforts that have been recently completed or are currently underway. Please see the attached location map for reference.

- In 2023, Mesa County completed construction of improvements to 1<sup>st</sup> Street in old town Clifton, providing bicycle lanes, sidewalks, and a widened multi-use path.
- Design for improvements to the intersection of 32 1/2 Road and E Road are complete, and construction will start this fall. This project extends 32 1/2 Road south of E Road and includes a compact roundabout at this intersection, providing for safer vehicular and multi-modal use. The project also includes replacing the 32 1/2 Road bridge over the Grand Valley Canal, allowing for safe pedestrian and bicycle traffic across the canal.
- In 2023, Mesa County was awarded a grant from the Multimodal Transportation and Mitigation Options Fund for the design of corridor improvements to 32 1/2 Road connecting the new improvements at 1<sup>st</sup> Street to the improvements 32 1/2 Road and E Road. This project is currently under design and includes providing for safe bicycle and pedestrian crossings at the Union Pacific Railroad crossing, which currently does not have any pedestrian crossing. The project also includes another compact roundabout at

Athena Fouts August 30, 2024 Page 2

> 32 1/2 Road and E 1/2 Road, increasing safety and mobility at this intersection. Completing construction on this project is a part of this RCP grant application.

• Design is currently underway for corridor improvements to E Road from Green Acres St to 33 Road, providing for sidewalks and bicycle lanes where none currently exist, and connecting residents to the corridor improvements on 32 1/2 Road. Completing construction on this project is a part of this RCP grant application.

As part of our RCP Grant application, we are asking for letters of support to demonstrate partnership and collaboration with stakeholders. As a stakeholder, we ask that you provide a letter of support endorsing the project. A letter of support template is attached for your use. Please feel free to amend it as needed to fit your organization. Your support for this project will provide a strong foundation for success and we sincerely thank you for the assistance.

The application deadline is approaching quickly. Please send a copy of your letter of support to me at your earliest convenience.

If you have any questions or concerns, please contact Daniel Larkin at 970-254-4151 or <u>daniel.larkin@mesacounty.us</u>.

With Gratitude,

Jali #

Daniel Larkin, PE Senior Transportation Engineer

# **COMMUNITY HEALTH NEEDS ASSESSMENT 2024-2026** Anita Sheetz, MS, CNM September 11, 2024

## MESA COUNTY PUBLIC HEALTH





# What is the Community Health Needs Assessment?





# CYCLE OF HEALTH IMPROVEMENT

The Community Health Needs Assessment is step one in a three-year cycle of improving our community's health.



Assess the health status of Mesa County, including the community context. Identify priority issues and plan projects to improve outcomes.



## Step 2



## Implement plans and track progress on goals.

# **A COLLABORATIVE PROCESS**











MIND SPRINGS health



St. Mary's Regional Hospital



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#### FAMILY M HEALTH WEST **MarillacHealth**



VA



U.S. Department of Veterans Affairs

# CHNA TOPICS





## ECONOMIC **STABILITY**





## **NEIGHBORHOOD AND BUILT ENVIRONMENT**



## **SOCIAL AND** COMMUNITY **CONTEXT**



# HEALTH **BEHAVIORS**





## **HEALTH CARE AND ACCESS**



## HEALTH **OUTCOMES**



# How do I access the Community Health Needs Assessment?

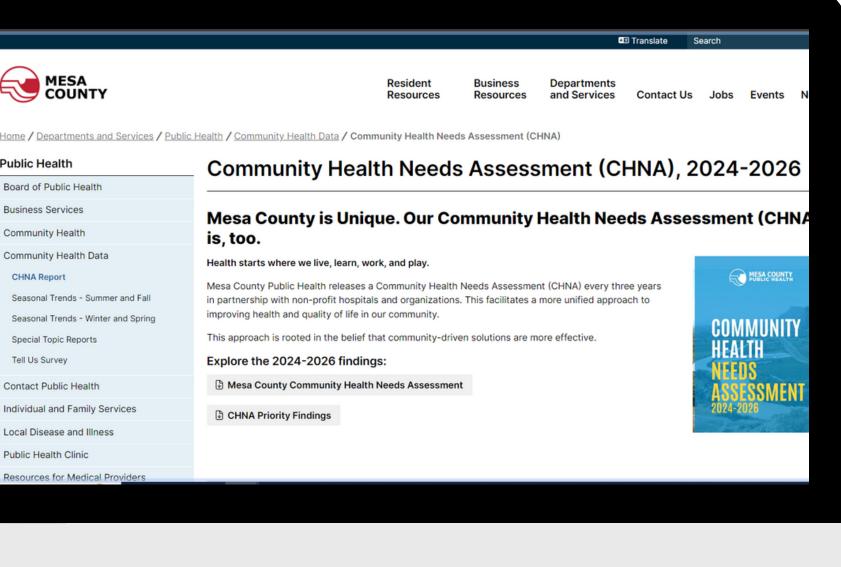


# MESA COUNTY PUBLIC HEALTH

# COMMUNITY



Public Health	Comm
Board of Public Health	
Business Services	Mesa C
Community Health	is, too.
Community Health Data	Health starts
CHNA Report	Mesa County
Seasonal Trends - Summer and Fall	in partnership
Seasonal Trends - Winter and Spring	improving hea
Special Topic Reports	This approach
Tell Us Survey	Explore the
Contact Public Health	🖨 Mesa Co
Individual and Family Services	CHNA Pr
Local Disease and Illness	
Public Health Clinic	
Resources for Medical Providers	





## Priority findings





Many households in Mesa County struggle to reach economic stability.



Housing insecurity significantly burdens Mesa County residents.



Mesa County residents frequently use the emergency department for visits that could be completed with primary care doctors at lower cost and more effective whole health care.



Rates of suicide ideation, attempt, and death in Mesa County are worrisome.



Mesa County continues to be a childcare desert, but access is increasing.

## Mesa County has a shortage of behavioral health providers.

Alcohol consumption is common among youth and adults, and plays a role in serious health outcomes.



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Youth relationships with their families and peers are primary risk or protective factors in substance use and mental health.

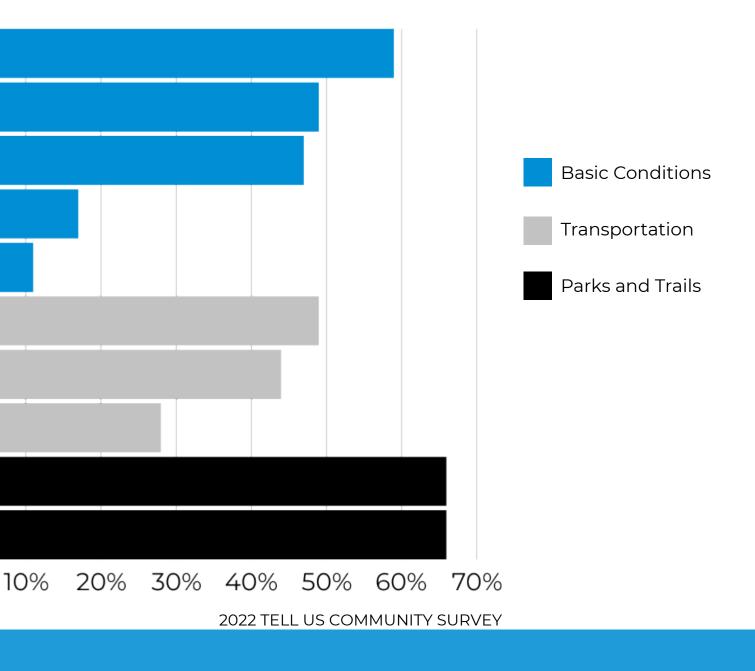
# SATISFACTION WITH NEIGHBORHOOD SERVICES AND RESOURCES

Satisfaction varies significantly across different types of access and resources in Mesa County. Grocery Store Access Quality Health Care Access Overall Safety and Security Quality Child Care Access Affordable Housing Availability Bikeability Walkability Road Conditions Number of Parks and Trails



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# SATISFACTION WITH NEIGHBORHOOD SERVICES AND RESOURCES

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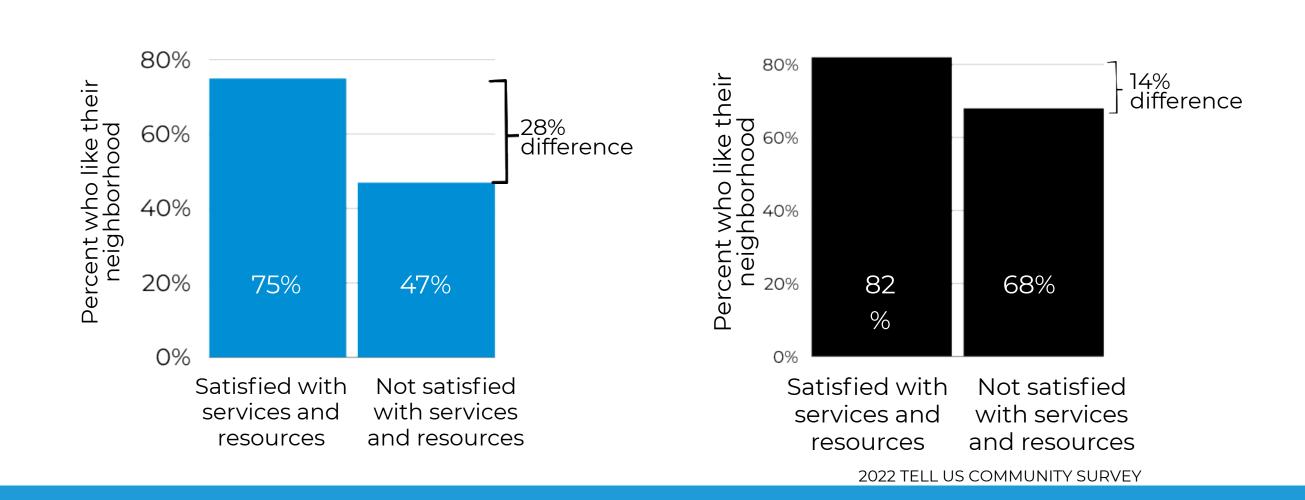
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Satisfaction with services impacts how much residents like their neighborhood. This is more important for low income residents.

This may be because low income residents have fewer resources to travel outside their neighborhood to access services and resources.

## RESIDENTS WHO LIKE THEIR NEIGHBORHOOD BASED ON SATISFACTION WITH SERVICES AND RESOURCES (2022)

HOUSEHOLD INCOME LESS THAN \$50K



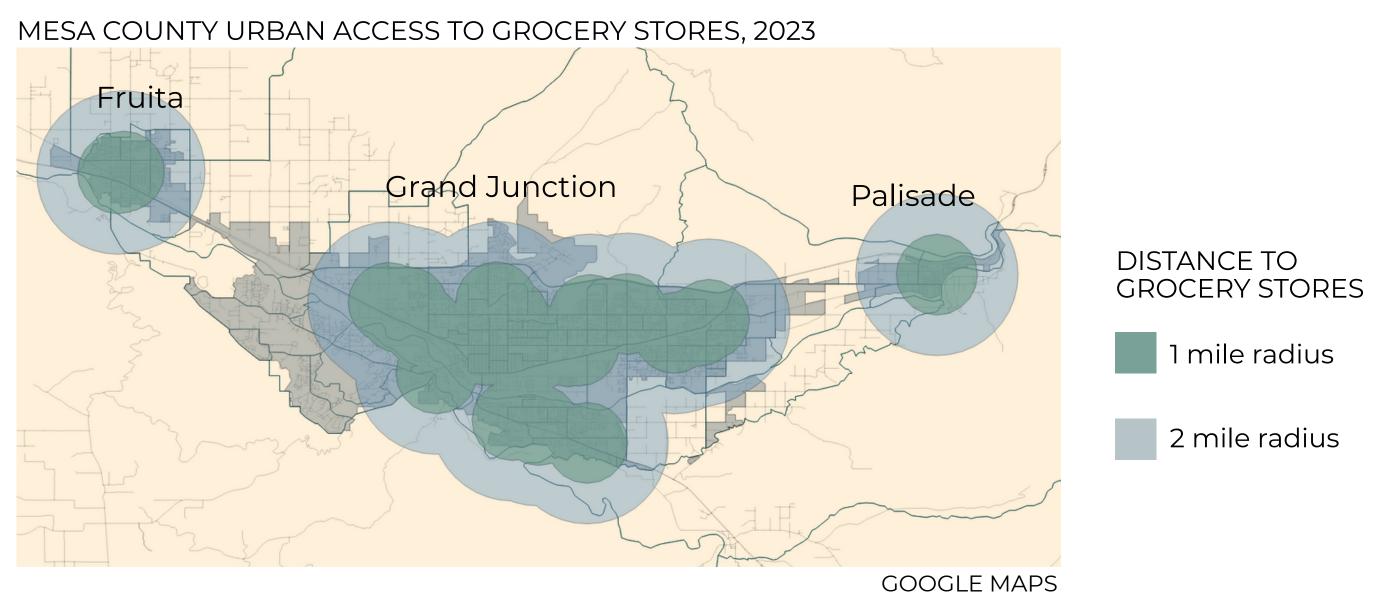




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# **GROCERY STORE ACCESS**

Different standards recommend having a grocery store within 1 mile for good access or 2 miles for moderate access in "urban" areas.



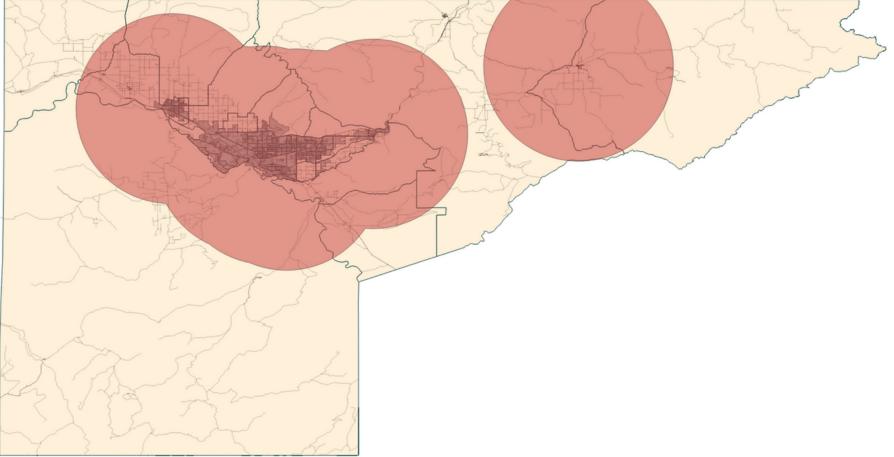


# **GROCERY STORE ACCESS**

In rural regions, it is recommended to have a grocery store within 10 miles.

The areas outside these circles have very little population, but must be considered low access to grocery stores.

## MESA COUNTY RURAL ACCESS TO GROCERY STORES, 2023





#### DISTANCE TO GROCERY STORES



#### GOOGLE MAPS

# TRANSPORTATION



## FINDINGS FROM THE 2022 TELL US COMMUNITY SURVEY

Residents who were satisfied with:

- bikeability 49%
- walkability 44%
- road conditions 28%

## FINDINGS FROM THE 2022 MESA COUNTY MASTER PLAN SURVEY

should be a priority in improving transportation in Mesa County:

- Improved maintenance of streets 69%
- Better management of traffic flow on major roads 60%
- Increasing the availability of walking paths and biking trails 53%
- Increasing the availability and quality of sidewalks 54%



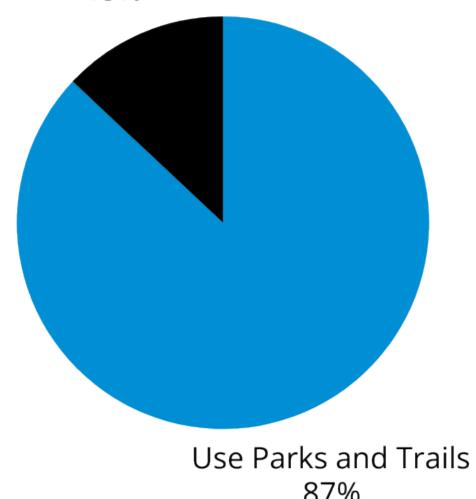
- Residents who think the following actions

# **PARKS AND TRAILS**

MESA COUNTY PARKS AND TRAIL USE, 2022

Don't Use Parks and Trails 13%

Nearly all Mesa County residents use parks and trails, but use decreases with age.



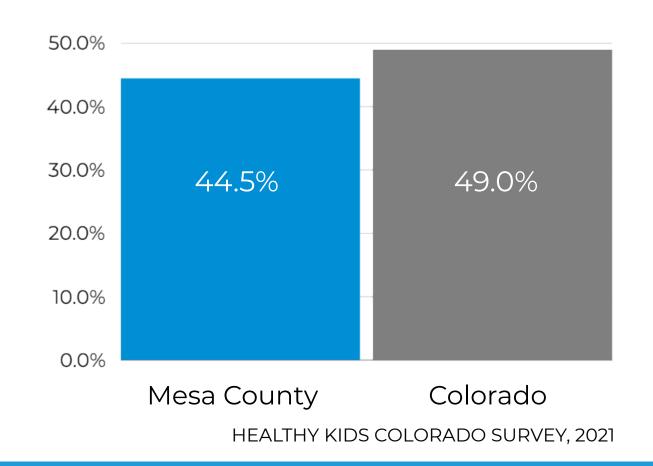


## 87% 2022 TELL US COMMUNITY SURVEY

# **PHYSICAL ACTIVITY**

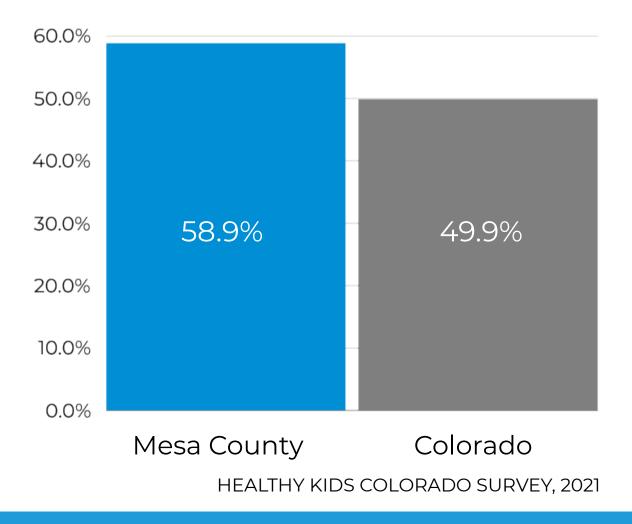
## The percentage of high school students engaging in physical activity increased between 2021 and 2023.

## STUDENTS WHO ENGAGED IN REGULAR PHYSICAL ACTIVITY (2021)





### STUDENTS WHO ENGAGED IN REGULAR PHYSICAL ACTIVITY (2023)

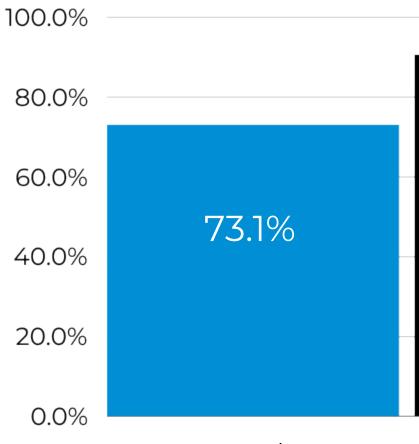


# **PHYSICAL ACTIVITY**

## Overall, 82% of Mesa County adults get physical activity outside of work.

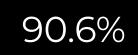
However, this behavior differs based on income.

## ADULTS WITH PHYSICAL ACTIVITY OUTSIDE OF WORK BY HOUSEHOLD INCOME, MESA COUNTY (2020-2022)



Less than \$50,000 \$50,000 or more BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

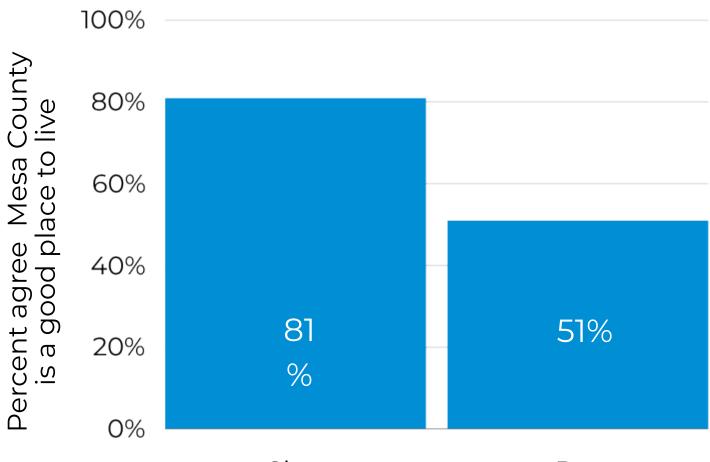




# **SOCIAL CONNECTEDNESS**

People with a close connection to neighbors are much more likely to say Mesa County is a good place to live.

TO LIVE BY CONNECTION WITH NEIGHBORS (2022)



Close connection with neighbors



# AGREE MESA COUNTY IS A GOOD PLACE

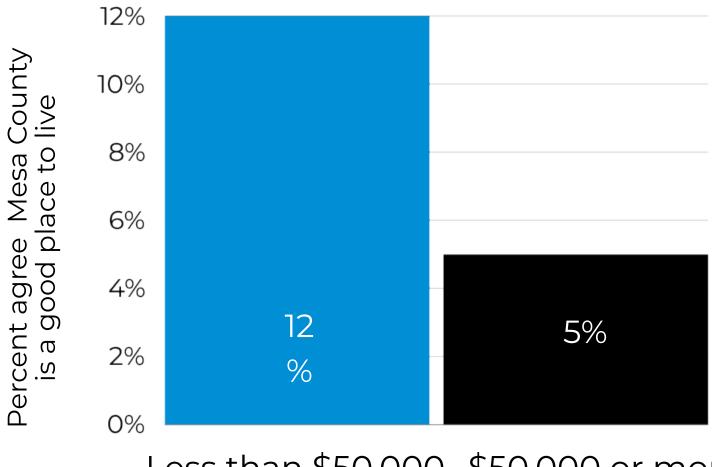
Poor connection to neighbors

2022 TELL US COMMUNITY SURVEY

# **SOCIAL CONNECTEDNESS**

Lower income residents are significantly more likely to report that they do not have close relationships with friends, family, and neighbors.

## AGREE MESA COUNTY IS A GOOD PLACE TO LIVE BY CONNECTION WITH NEIGHBORS (2022)





## Less than \$50,000 \$50,000 or more

#### 2022 TELL US COMMUNITY SURVEY



