

Attachment A — GJCRC Fitness Equipment List

This list outlines the baseline equipment and minimum quantities the City of Grand Junction aims to provide for the Community Recreation Center. Proposers must respond to each item listed in its response.

- Use the “**Notes**” column in **Attachment C – GJCRC Fitness Equipment List Pricing Sheet** to clearly indicate how each item is incorporated into the proposal. This should include relevant details such as quantities, substitutions, product groupings, or value-added offerings (e.g., proposing a mix of entry-level and premium equipment to meet operational goals and budget).
- If proposing additional equipment beyond the baseline list, please include those items in the “**Additional Equipment**” section of the Pricing Sheet.

Solutions demonstrating durability, serviceability, energy efficiency, or long-term cost savings are encouraged. Recommendations that improve functionality, integrate new technologies, or enhance user experience are welcome. However, the City reserves the right to approve, negotiate, or reject any alternate or additional items based on quality, compatibility, budget limitations, and alignment with the facility’s operational goals.

Mezzanine Main Fitness

Cardio

- 14 Treadmills
- 3 Stair Climbers
- 5 Ellipticals
- 2 Recumbent Cross Trainers
- 1 Upper Body Ergometer
- 3 Rowers
- 5 Tech Experience Bikes
- 2 Upright Bikes
- 3 Recumbent Bikes
- 1 HIIT Bike
- 1 HIIT Assault Power Curved Treadmill or Equivalent

Strength

- 15 Piece Selectorized Circuit Equipment
- 5 Racks Half (multi-use) and/or Olympic Platform – Specify inclusions with quantities (plates, bar clips, bars, stands, etc.)
- 1 Landmine – Specify inclusions with quantities
- 1 Smith Machine
- 4 Lower Body Plate Loaded Stations
- 4 Cable Stations - Specify inclusions with quantities (plates, bar clips, bars, stands, etc.)

Fitness Equipment for the New City Grand Junction Community Recreation Center

- 1 Dumbbell Set with Benches (3 lbs. to 100 lbs.) – Specify types and quantities of benches
- 2 Bodyweight Stations

Functional Training

- 1 Functional Training Rig with storage and accessories (Dumbbells, TRX, Rope Trainer) – Specify inclusions with quantities
- 15 High-Density Foam Rollers

Track Corners

- 1 Flexibility Corner - Specify specific equipment and quantities
- 1 Heavy Bag Corner - Specify specific equipment and quantities
- 1 Cardio Corner (Including 1 SkiErg & 1 Rower)

Main Floor - Group Fitness Rooms

Group Fitness Rooms

- 30 Spin Bikes
- 50 Aerobic Mats
- 25 Yoga Mats
- 50 Yoga Blocks
- 1 Urethane Dumbbells with Storage Bin - Specify quantity and sizes of weights
- 35 Bosu Balls
- 30 Full Body Pump Sets (may price all items individually if specified)

Dynamic Training Room

- 3 Functional Rigs with storage and accessories (Dumbbells, TRX, Rope Trainer) – Specify inclusions with quantities
- 15 TRX stations
- 10 Battle Ropes
- 2 Tank Sleds
- 4 Box Jump Sets

Main Floor – Outdoor Fitness

- 1 Functional Rig with Storage Locker for Accessories - Specify inclusions and quantities
- 3 Half Racks or Benches for Weightlifting (can be included in Functional Rig)
- 4 Rowers – to be moved between Dynamic Training Rooms & Outdoor Fitness
- 1 Tire Flip

Note: One (1) Tank Sled is shown outdoors in the rendering. Two (2) total Tank Sleds are required. These units will be shared between outdoor use and the Dynamic Training Room.