

# 2026

## EMPLOYEE

BENEFITS GUIDE

*FULL-TIME & EXECUTIVE*

# INTRODUCTION & TABLE OF CONTENTS

*Benefits are an integral part of the overall compensation package provided by the City of Grand Junction. Within this Benefits Guide you will find important benefit information available for the 2026 plan year (January 1 – December 31, 2026). Please take a moment to review them and determine which plans are best for you and your family.*

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Visit the Benefits page on CityWeb for more information.

# EMPLOYEE BENEFITS OVERVIEW

## BENEFITS ELIGIBILITY

Full-time employees (and their eligible dependents) can participate in the City's benefits outlined in this guide. You are considered a full-time employee if you have been appointed to a position that is regularly scheduled to work 40 hours per week (56 hours per week for Sworn Fire).

The following benefits will begin on the first day of the month following your date of hire (or as noted below):

- Medical
- Dental
- Vision
- Health Savings Account (HSA)
- Flexible Spending Accounts (FSA)
- Life and AD&D Insurance
- Elected voluntary benefits
- Access to the Sage Health & Wellness Center

Benefits effective as of date of hire:

- Employee Assistance Program (EAP)
- Retirement contributions

Benefits effective after 12 months of employment and 1,250 hours worked:

- Short-Term Disability (STD)/Family Medical Leave (FMLA)
- Long-Term Disability (LTD), when eligible, and covered by the City's STD plan

Many of the plans offer coverage for eligible dependents which include:

- Your legally married spouse
- Your common-law-spouse, registered domestic partner (RDP), and/or their dependent children, where applicable by state law
- Your biological children, step-children, adopted children or children for whom you have legal custody are covered up to age 26, and disabled children age 26 or older who meet certain criteria

## ENROLLMENT

You may sign up for benefits or change your benefit elections at the following times:

- Within 30 days of your initial eligibility date (as a newly hired employee)
- During the annual benefits open enrollment period
- Within 30 days of experiencing a qualifying life event

The City of Grand Junction allows you to pay your portion of the medical, dental and vision plan costs, on a pre-tax or post-tax basis. The choices you make at this time will remain the same through December 31, 2026. If you do not enroll on time, you will not have benefit coverage (except for City-paid benefits).

## CHANGING YOUR BENEFITS DURING THE YEAR

If you experience a qualifying life event, you may update your benefit elections consistent with your life event. To request a benefits change, notify Human Resources within 30 days of the qualifying life event and provide required documentation. Change requests submitted after 30 days cannot be accepted.

Qualifying life events include, but are not limited to:

- Marriage, divorce, or legal separation
- Birth or adoption of an eligible child
- Death of your spouse or covered child
- Change in your spouse's work status that affects his or her benefits
- Change in your child's eligibility for benefits
- Qualified Medical Child Support Order

### ***Your 2026 Open Enrollment Checklist***

- Read this Benefits Guide carefully for details on the benefit plans.
- Employees can make benefit changes during open enrollment for the 2026 plan year by logging into GJ Cloud.
- Verify your beneficiary designations are up to date for Life Insurance, Accidental Death & Dismemberment (AD&D) Insurance, and retirement plans on an annual basis through your GJ Cloud portal and Empower/FPPA websites.
- Open Enrollment is active, meaning that you must actively review and enroll in your benefits, including; Health Care Flexible Spending Accounts (FSA/LPFSA), Dependent Care FSA (DCFSA) and Health Savings Account (HSA).

# SAGE HEALTH & WELLNESS CENTER

The Sage Health and Wellness Center offers employees and their families easy access to primary healthcare services, massage and physical therapy, and behavioral health counseling. In 2024, the clinic unveiled its expanded, and beautifully renovated facility. The Sage Health and Wellness Center can be your first stop for treating illnesses and injuries, as well as providing preventive care, routine physicals, health coaching, chronic condition management, and more. All care is kept confidential, and clinicians strictly adhere to HIPAA standards and regulations.

## Eligibility

Services are available to all full-time and benefit eligible part-time employees and their dependents (ages two and older). You must be enrolled in one of the City's medical plans in order to take advantage of the Sage Health & Wellness Center. If you are enrolled in the CoPay plan there is no fee for visits at the Sage Health & Wellness Center. Due to IRS regulations, if you are enrolled in the High Deductible Health Plan (HDHP), you will pay \$25 per visit for non-preventive care.

Appointments are available Monday through Friday. Access the clinic. hours by phone or online.

Schedule an appointment online at [my.marathon.health](https://my.marathon.health) or call the center directly at 970-628-0012.

The Sage Health & Wellness Center has the following medical providers:

- Physician Assistant
- Physical Therapist
- Licensed Professional Counselor
- Medical Assistant and Care Navigator
- Medical Massage Therapist

Visit the Sage Health and Wellness Center:

2525 N 8th Street Suite 106 Grand Junction, CO 81501

# MEDICAL INSURANCE

## CIGNA MEDICAL INSURANCE PLAN

The City of Grand Junction offers two (2) medical plan options through Cigna. The OAP Plus Copay and the OAP HDHP plans offer in and out-of-network benefits, providing you the freedom to choose any provider. However, you will pay less out of pocket when you choose a Cigna in-network provider. Find a Cigna in-network provider by visiting [my.cigna.com](http://my.cigna.com).

The table below summarizes the key features of the medical plans. The coinsurance amounts reflect the percentage you pay after the deductible is met.

SUMMARY OF COVERED BENEFITS	OPEN ACCESS PLUS (OAP) COPAY PLAN		OPEN ACCESS PLUS (OAP) HIGH DEDUCTIBLE HEALTH PLAN	
	In-Network	Out-of-Network	In-Network	Out-of-Network
<b>PLAN YEAR DEDUCTIBLE</b> <i>Individual/Family</i>	\$750/\$1,500	\$4,000/\$8,000	\$4,000 / \$8,000	\$9,000 / \$18,000
<b>OUT-OF-POCKET MAX</b> <i>Individual/Family</i>	\$3,500 / \$7,000	\$12,000 / \$24,000	\$6,650 / \$13,300	\$12,000 / \$24,000
<b>PREVENTIVE CARE</b>	No charge	50% after ded.	No charge	50% after ded.
<b>PHYSICIAN SERVICES</b> <i>PCP</i> <i>Specialist</i> <i>Virtual Care (MDLive) Urgent Care</i>	\$15 copay \$30 copay \$15/\$30 copay \$50 copay	50% after ded. 50% after ded. N/A 50% after ded.	0% after ded. 0% after ded. 0% after ded. 0% after ded.	50% after ded. 50% after ded. N/A 50% after ded.
<b>HOSPITAL SERVICES</b> <i>Inpatient</i> <i>Outpatient</i>	20% after ded. 20% after ded.	50% after ded. 50% after ded.	0% after ded. 0% after ded.	50% after ded. 50% after ded.
<b>EMERGENCY ROOM</b>	\$150 copay	\$150 copay	0% after ded.	0% after ded.
<b>CHIROPRACTIC CARE</b>	\$15 copay	50% after ded.	0% after ded.	50% after ded.
<b>PRESCRIPTION DRUGS</b> <i>Retail</i> <i>Tier 1</i> <i>Tier 2</i> <i>Tier 3</i> <i>Tier 4 (up to 30 days)</i>	\$15 \$40 \$55 20% to max \$150	Not Covered	20% after deductible	Not Covered
<b>PRESCRIPTION DRUGS</b> <i>Mail Order (up to 90-day supply)</i> <i>Tier 1</i> <i>Tier 2</i> <i>Tier 3</i> <i>Tier 4 (up to 30 days)</i>	\$38 \$100 \$138 20% to max of \$150	Not Covered	20% after deductible	Not Covered

If you enroll one or more family members, each family member must meet their individual deductible. Plan deductible counts toward your out-of-pocket maximum. After each eligible family member meets their individual out-of-pocket maximum, the plan will pay 100% of their covered expenses. Or, after the family out-of-pocket maximum has been met, the plan will pay 100% of each eligible family member's covered expenses. If you use an out-of-network provider, you are subject to a separate deductible/out-of-pocket maximum and you will be responsible for any charges above the maximum allowed amount.

# MEDICAL INSURANCE

## MYCIGNA

Life can be busy and complicated. So Cigna created a simple-to-use tool that can help make your life easier (and healthier) while you're on the go. myCigna helps you personalize, organize and access your important plan information on your phone or tablet. Use the myCigna app to:

- View, fax or email ID card information
- Access virtual care directly from your phone or tablet
- Manage and track claims
- Find in-network doctors and compare cost and quality information
- Review your coverage
- Track your account balances and deductibles
- Order your prescriptions from Express Scripts Pharmacy (a Cigna Healthcare company), sign up for home delivery, and view your prescription order history
- Compare prescription drug prices at retail and home delivery pharmacies

Access myCigna in the way that's most convenient for you:

- my.Cigna.com or the myCigna app
- Live chat
- Phone: 888-806-5094

Search Cigna in your app store to download the myCigna App for your mobile device.

## **CHOOSE A PLAN WITH CONFIDENCE – Cigna can help!**

USE THE CIGNA PRE-ENROLLMENT LINE! CALL 888-806-5042 TODAY.

A Cigna representative is available and will guide you during open enrollment to:

- Easily understand the basics of YOUR health coverage
- Identify the types of health plans available that best meet the needs of you and your family
- Check if doctors are in-network to help avoid unnecessary costs
- Get answers on any other questions you may have about the plans or provider networks available to you through the City of Grand Junction

## ONE GUIDE

**After enrollment, the support continues for Cigna customers.**

Let's face it, understanding and using your health plan isn't always easy. The Cigna One Guide team is ready and waiting to help. It's the highest level of personal support available. Use the myCigna app (or call the number on the back of your ID card) to be connected with a representative who will guide you, help you save money and stay healthy.

Cigna One Guide service provides personalized assistance to help you:

- Understand your plan & coverages
- Find an in-network health care provider, lab or urgent care center
- Connect with health coaches, pharmacists and more
- Help schedule your annual check-up and other appointments
- Receive support for your complex health situations
- Get cost estimates to avoid surprises

# MEDICAL INSURANCE

In addition to medical and prescription drug coverage, Cigna offers a wide range of programs for you and your enrolled dependents. Services range from mental health programs, support during pregnancy, musculoskeletal services, and diabetes management tools. More details on each program can also be found on the benefits page of CityWeb.

## PREVENTIVE CARE

The Cigna medical plans and the Sage Health and Wellness Center cover in-network preventive care at 100%. This includes routine screenings and checkups, as well as counseling to prevent illness, disease, or other health problems. Please be aware that you will be responsible for the cost of any non-preventive care services you receive at your preventive care exam. Learn more about preventive care at [my.cigna.com](http://my.cigna.com).

You won't have to pay anything – deductible, copay, or coinsurance – for preventive services when you receive them from a health care provider in the Cigna network, and the main purpose of your visit is to receive preventive care.

## CIGNA VIRTUAL CARE (MDLIVE)

Cigna provides access to virtual services through MDLive. The cost is the same as a PCP copay for CoPay Plan members. For HDHP members, the cost is subject to your deductible and coinsurance. You can connect with a board-certified doctor via secure video chat or phone 24/7/365. Services are available for minor, non-life-threatening conditions. Examples of some conditions that would be appropriate for telehealth consultations are:

- Sore throat
- Cold and Flu
- Dermatology
- Allergies
- Stomach ache
- Rash
- Behavioral Health
- Acne
- Fever
- UTI's and more!

Visit [my.Cigna.com](http://my.Cigna.com) or call MDLIVE at 888-726-3171 when you need virtual care

## HEALTH INFORMATION LINE

Health needs don't always follow regular business hours. But with Cigna's Health Information Line, you have easy access to helpful information and support. Nurses are available 24 hours a day, seven days a week, providing convenient, confidential services. Access this service through [my.Cigna.com](http://my.Cigna.com), the myCigna app or calling the toll-free number on your Cigna ID card.

## HEALTH RESOURCES

**Healthy Rewards:** When it comes to making the most of your benefits with your budget, Healthy Rewards are here to help. Discover deep discounts from trusted brands on a wide variety of products and services designed to support your health goals and enhance your well-being. There are programs for fitness, exercise, nutrition, and hearing and vision care. To learn more about discounts on gym memberships, hearing aids or LASIK visit [discoverhealthyrewards.sites.cigna.com](http://discoverhealthyrewards.sites.cigna.com).

## LIFESTYLE MANAGEMENT PROGRAMS

**Weight Management:** While weight loss medications are not covered under our medical plan or through the Sage Health & Wellness Clinic, you may qualify for reduced pricing directly through the manufacturer if eligibility requirements are met.

Visit NovoCare at [novocare.com/obesity/home.html](http://novocare.com/obesity/home.html) or Lilly Direct at [lilly.com/lillydirect/](http://lilly.com/lillydirect/) for more information, or consult your primary care provider for additional weight management resources.

**Tobacco Cessation:** Get the help you need to finally quit tobacco. Create a personal quit plan and get the support you need along with free over-the-counter nicotine replacement therapy. Call the number on the back of your Cigna ID card or visit [my.Cigna.com](http://my.Cigna.com) to get started.

**Stress Management:** Get help lowering your stress levels and raising your happiness levels. Learn what causes stress in your life and develop a personal stress management plan. Call the number on the back of your Cigna ID card or visit [my.Cigna.com](http://my.Cigna.com) to get started.

## FAMILY PLANNING SUPPORT

**Healthy Pregnancies Healthy Babies:** Designed to help you and your baby stay healthy during your pregnancy and in the days and weeks after your baby's birth. Cigna's maternity specialists have nursing experience and are available to support you during your whole pregnancy. Enroll on [my.Cigna.com](http://my.Cigna.com), call 800-615-2906 or on the Cigna Healthy Pregnancy app.

**Infertility Benefits:** If you or your partner receive an infertility diagnosis, you will have access to Cigna's fertility benefit plan. You will have access to testing to determine the cause of infertility, treatment to restore fertility, and access artificial insemination/IUI/IVF. Call the number on the back of your

Cigna ID card to learn more.

## MUSCULOSKELETAL RESOURCES

**Airrosti Remote Recovery:** If you are dealing with muscle & joint pain, Airrosti provides effective care that you can access from the convenience of home. You will receive an

orthopedic evaluation, a recovery kit (mailed to your home), a personalized recovery plan and ongoing support from a physical therapy provider. All Airrosti providers are in-network with Cigna. For more information visit [Airrosti.com/remoterecovery](http://Airrosti.com/remoterecovery) or call 855-913-0845.

**Cigna Pathwell Bone & Joint:** If you have joint pain, it can affect everything. Whether the pain just started or you're ready for surgery, the team will help guide you to the right care. You'll work one-on-one with a Cigna Healthcare Care Advocate who has clinical expertise in spine, knee, hip and shoulder pain. They'll help you understand your options and create a personalized plan based on your goals. For more information visit [connectedcare.cigna.com/login/landing](http://connectedcare.cigna.com/login/landing) or call 877-505-5875.

## DIABETES SUPPORT

**Omada:** A free Diabetes Prevention Program for those who are at risk for Type 2 diabetes or heart disease who are accepted in the program. Participant will be paired with a chronic disease prevention health coach, receive evidence-based curriculum, access to a support group, goals and a wireless smart scale. To get started, visit [go.omadahealth.com/omadaforcigna](http://go.omadahealth.com/omadaforcigna).

# PRESCRIPTION DRUGS

## PRESCRIPTION DRUG INFORMATION

### **Cigna 90 Now**

Cigna 90 Now empowers customers to decide where they fill their 30- and 90-day maintenance medications, allowing them to choose the pharmacy and pharmacist care team that best meets their needs.

Customers can select from two networks for 30- and 90-day prescriptions, with CVS Pharmacy or Walgreens as the primary retail options. Walgreens is the designated anchor pharmacy, but customers have the flexibility to switch anchors once per year. To view or change your pharmacy network visit [my.Cigna.com](https://my.Cigna.com) or on the myCigna app.

### **90-day Supply for Maintenance Medications**

A 90-day supply for maintenance medication can be filled at any in-network pharmacy for two times the retail copay.

Cigna's home delivery pharmacy is a convenient option if you're taking a medication on a regular basis to treat an ongoing health condition. You can fill your medication with a 90-day supply with automatic refills and flexible payment options. Log in to [my.Cigna.com](https://my.Cigna.com) to move your prescription(s) electronically or call 800-835-3784, they'll contact your doctor's office to help transfer your prescription. If you have a new prescription, ask your doctor to send it to Express Scripts electronically or by fax.

### **Price a Medication Tool**

Prescription drug costs can vary between pharmacies. The Price a Medication tool will allow you to compare costs of your medications depending on where and how you'd like to fill it. Compare the price of your medication at retail pharmacies and through Express Scripts. See which medications your plan covers, find lower-cost alternatives and see costs for a 30- and 90-day supply. Log in to your myCigna app or [my.Cigna.com](https://my.Cigna.com).

### **Pathwell Specialty**

If you take a specialty medication to treat a complex medical condition, this program will make it more affordable and easier to manage. Receive personalized support from a Cigna Pathwell Care Manager, who has a strong understanding of your condition, the specialty medication(s) you're receiving, and your insurance benefits. They'll take care of everything for you, so you can focus on your health and well-being. To talk with a Cigna Specialty Care Manager, call 877-505-3681 or go to [pathwellspecialty.sites.cigna.com](https://pathwellspecialty.sites.cigna.com).

# WELLNESS PROGRAM

The City of Grand Junction is committed to fostering a strong wellness culture that promotes the health and well-being of our employees and their families. By participating, you can earn up to \$540 annually in medical premium discounts while also benefiting from a wide range of wellness initiatives, challenges, activities, and classes designed for you and your family. It's easy to participate through the Marathon Health portal, where you can easily self-report your progress. Additionally, you can save by completing your biometric screening at the Sage Health & Wellness Center.

To participate in the Wellness Incentive Program, log in to the Marathon Health portal at [my.marathon-health.com/login](https://my.marathon-health.com/login). The City provides two options to complete the program:

OPTION ONE	OPTION TWO
<p>\$25 Medical Insurance Premium discount each month by completing these physical activities:</p> <ul style="list-style-type: none"> <li>• Biometric Screening</li> <li>• Health History &amp; Risk Assessment (HHRA), located on the Marathon Health portal</li> <li>• Follow Up Appointment/Comprehensive Health Review (CHR) at Sage Health &amp; Wellness Center or with your PCP</li> </ul>	<p>\$45 Medical Insurance Premium discount each month by completing:</p> <ul style="list-style-type: none"> <li>• All Option ONE activities</li> <li>• Complete five additional self-reported well-being activities in the following categories:               <ul style="list-style-type: none"> <li style="width: 50%;">• Financial</li> <li style="width: 50%;">• Overall Well-being</li> <li style="width: 50%;">• Career</li> <li style="width: 50%;">• Mental</li> <li style="width: 50%;">• Social</li> </ul> </li> </ul> <p><i>Please be sure to update the Marathon Health portal upon completion to earn credits.</i></p>

The Wellness Incentive Program runs from January 9 – November 30, 2026. All program requirements for the 2027 plan year must be completed by November 30, 2026. For new employees hired during the year, after you complete the activities in the Marathon Health portal, email [wellness@gjcity.org](mailto:wellness@gjcity.org) to start receiving your medical insurance premium discount.

# BEHAVIORAL HEALTH RESOURCES

The City of Grand Junction is dedicated to supporting you and your family through life's various challenges. That's why we offer a variety of mental health resources. See below to learn more about these resources or visit the Benefits page on CityWeb.

## SAGE HEALTH & WELLNESS CENTER

An on-site Licensed Professional Counselor is available for both in-person and virtual appointments. Behavioral health services are available to employees and their dependents (ages 12+) who are enrolled in a Cigna medical plan. Visit the Marathon Health portal to schedule an appointment or call 970-628-0012.

## ALLONE HEALTH EMPLOYEE ASSISTANCE PROGRAM

All full-time employees and their household members are eligible for this free, confidential service that provides employees and their household members up to 6 free counseling sessions per family member per year. See page 18 for more information.

## PRIMEHEALTH+ (FORMERLY MARILLAC HEALTH)

Behavioral Healthcare Providers are integrated into your care team to support your overall wellbeing which includes Licensed Professional Counselors, Licensed Clinical Social Workers, and Psychiatric Nurse Practitioners.

Call 970-200-1600 | Visit [primehealthplus.org](http://primehealthplus.org).

## BEHAVIORAL HEALTH RESOURCES FROM CIGNA

If you or a loved one has been diagnosed with a behavioral health condition, this comprehensive program provides dedicated support, lifestyle coaching, and online tools. Using Cigna's Behavioral Health network, you can find a provider, join support communities and more. Following is a list of some of the specialized programs available.\*

**MDLive:** Talk to a therapist or psychiatrist via video. These providers can provide therapy, diagnose, treat and prescribe medications for many common mental health conditions.

**Monument:** This online alcohol treatment program is designed to help you reach your sobriety or moderation goal without the expense of alcohol rehab. You will receive specialized therapy, moderated support groups & resources for loved ones. Medication options are also available. Visit [joinmonument.com](http://joinmonument.com) to learn more.

**Headspace:** Virtually connects members, ages 18+, with a certified coach via texting and app-based programs to help them manage anxiety, depression, and daily stressors. If needed, a coach can add a licensed therapist or psychiatrist to the care team within days.

**Talkspace:** The app provides support for those dealing with anxiety, depression, stress and more. You will receive virtual access to licensed therapists via live video and private texting for members ages 13+. Psychiatrist services are also available.

**Meru Health:** An app-based treatment program for depression, burnout and anxiety that combines technology, evidence-based therapy and daily support from licensed clinicians to help improve members' mental health.

**Sondermind:** An online virtual and in-person therapy service that matches licensed clinicians' mental health practitioners with you based on your unique needs.

**Brightline:** A national pediatric behavioral health provider that provides extraordinary support for kids, teens and parents ages 18 months – 17 years of age. They provide support around common challenges such as sleep hygiene, separation anxiety and disruptive behaviors. Care is delivered virtually so you can get support when and where you need it.

**Happify:** An easy-to-use, self-guided app that encourages you to connect with your thoughts and feelings using cognitive behavioral therapy (CBT) skills and positive psychology. Science-based games and activities designed to help you: defeat negative thoughts, boost health and performance, reduce stress and anxiety, and increase mindfulness. Sign up at [cigna.happify.com](http://cigna.happify.com).

**iPrevail:** Learn how to boost your mood and improve mental health with on-demand coaching 24/7. After a brief assessment, you will receive a tailored program which includes interactive lessons, tools, and coaching support.

\* Access all these resources via [my.cigna.com](http://my.cigna.com).

## NATIONAL RESOURCES

**Colorado Crisis Services** is available 24/7/365 for those needing immediate mental health support.

Call 1-844-493-TALK (8255) | Text TALK to 38255 | Visit [coloradocrisiservices.org](http://coloradocrisiservices.org)

**211 Community Resources** help find vital services such as emergency shelter, food, utility assistance, and more.  
Call 211 to connect to support | Visit [211.org](http://211.org)

**988 Suicide & Crisis Lifeline** is available 24/7/365 for people and their loved ones in distress.  
Call 988 | Chat online at [988lifeline.org/get-help](http://988lifeline.org/get-help)

**National Domestic Violence Hotline** provides essential tools and support to help survivors of domestic violence, concerned friends or family members, and abusive partners seeking to change.  
Call 1-800-799-SAFE (7233) | Text START to 88788 | Chat online at [thehotline.org](http://thehotline.org)

# HEALTH SAVINGS ACCOUNT (HSA)

An HSA is a personal savings account that you can use to pay for out-of-pocket health care expenses with pre-tax dollars. The City's HSA is available through Home Loan State Bank [hlsb.com](https://www.hlsb.com).

## REQUIREMENTS

- Must be enrolled in the High-Deductible Health Plan (HDHP)
- Must contribute a minimum of \$750 annually

The City of Grand Junction will contribute money into your HSA twice per plan year. The first contribution will be made in January and the second contribution will be made in July.

- If you are enrolled in an Employee only HDHP, the City will contribute \$750 annually.
- If you are enrolled in the Employee + 1 or Family HDHP, the City will contribute \$1,500 annually.

## TRIPLE-TAX ADVANTAGE

- Pre-tax contributions, if applicable, reduce your taxable income
- Tax-deferred earnings (including interest earned)
- Tax-free distributions for qualifying medical expenses

## 2026 IRS HSA CONTRIBUTION MAX

*(including the City's contributions)*

- Employee only: \$4,400
- Employee +1 or more dependents: \$8,750
- Employees age 55+ by 12/31/2026 may contribute an additional \$1,000 to their HSA

## HSA ELIGIBILITY

- You are not covered by a non-HSA plan, Health Care FSA, or health reimbursement arrangement
- You are not eligible to be claimed as a dependent on someone else's tax return
- You are not enrolled in Medicare or TRICARE for Life
- You have not received Veterans Administration Health Benefits in the last three months

## PAYING FOR QUALIFIED MEDICAL EXPENSES

You can use your accrued HSA funds for eligible expenses for yourself, your spouse and eligible dependents even if they are not covered on your High Deductible Health Plan (HDHP).

## ELIGIBLE EXPENSES

Eligible expenses include deductibles, office visits, dental expenses, eye exams, prescriptions, eye surgery, and hearing aids. Keep all your receipts in case you have to verify the eligibility of an expense.

A complete list of eligible expenses can be found at: [irs.gov/pub/irs-pdf/p502.pdf](https://www.irs.gov/pub/irs-pdf/p502.pdf).

## ACCESSING YOUR HSA FUNDS

Two easy ways to access your HSA money:

- Checks (\$10 discount off your 1st box of checks)
- Debit card (free for first year, then \$5 annual fee per year following)

## AN HSA IS AN INDIVIDUALLY-OWNED ACCOUNT

- You own and administer your HSA even if you change health plans, retire, or change your place of work
- There is no "use it or lose it" rule
- You can change your contribution amount throughout the year

If you open an account through an institution other than Home Loan State Bank, the City of Grand Junction cannot deduct pre-tax contributions from your paycheck; you will need to make post-tax contributions directly to the institution and take an "above the line" deduction on your federal income tax filing for any amounts you contribute to your HSA.

## IMPORTANT:

If you fund an HSA, you cannot contribute pre-tax dollars to the traditional health care flexible spending account. If your spouse participates in a health care FSA, you are not eligible to contribute to an HSA. The IRS prohibits the funding of both account types within a single household.

# FLEXIBLE SPENDING ACCOUNTS (FSA)

The City of Grand Junction offers three Flexible Spending Account (FSA) options; the Health Care FSA, Limited Purpose Health Care FSA and the Dependent Care FSA. All allow you to pay for eligible expenses with pre-tax dollars.

The FSAs are administered by Rocky Mountain Reserve. Log in to your account at [rockymountainreserve.com](http://rockymountainreserve.com) to view account balance(s), calculate tax savings, view eligible expenses, download forms, view transaction history, and more.

## HOW DOES AN FSA WORK?

1. Choose how much to contribute:
  - Healthcare/Limited Purpose FSA: For the 2026 benefit year you can contribute between \$120 - \$3,400. Please Note: These limits may change if updated by the IRS.
  - Dependent Care FSA: For the 2026 benefit year, you can contribute up to \$7,500 if married filing jointly, single or head of household. If married filing separately, each spouse may contribute up to \$3,750.
2. Your annual election(s) will be divided evenly, on a pre-tax basis, across 26 paychecks per year (or the remaining paychecks if you are hired mid-year).
3. You will receive a debit card from Rocky Mountain Reserve which can be used for eligible FSA expenses.
4. If you do not use your debit card, submit a claim form, bill or itemized receipt. Keep all your receipts in case Rocky Mountain Reserve requires you to verify the eligibility of a purchase.

## DEPENDENT CARE FSA

The Dependent Care FSA allows you to set aside money from your paycheck on a pre-tax basis for day care expenses.

### Eligible

- Children under 13 years of age
- Child over 13, Spouse or Elderly Parent residing in your house who is physically or mentally unable to care for themselves

### Eligible Expenses:

- Before and after school care
- Day Care Centers (must hold Federal Tax ID#)
- Summer Day Camps
- In-home babysitting (income must be reported by your care provider)
- Pre-School/Nursery School

## HEALTH CARE FSA

*(not available if you fund an HSA)*

The Health Care FSA allows you to set aside money from your paycheck on a pre-tax basis to pay for eligible out-of-pocket expenses, such as deductibles and copays. You can also spend FSA funds on prescription medications, hearing aids, therapy and more. The FSA Store [fsastore.com](http://fsastore.com) also carries FSA-eligible products to purchase.

## LIMITED-PURPOSE HEALTH CARE FSA

*(for HSA Participants)*

If you enroll in the HDHP/HSA medical plan, you may only participate in a Limited-Purpose Health Care FSA. This type of FSA allows you to be reimbursed for eligible dental, orthodontia, and vision expenses while preserving your HSA funds for eligible medical expenses.

Note: If a member moves from a Healthcare FSA to a HDHP/ HSA plan, any unused funds will need to be moved into a Limited Purpose Health Care FSA in order to open up and contribute to an HSA bank account.

You can incur expenses through March 15, 2027, and must file claims by March 31, 2027 on either Healthcare FSA plan. Unused funds will NOT be returned to you or carried over to the following year.

A complete list of eligible expenses can be found at: [www.irs.gov/forms-pubs/about-publication-502](http://www.irs.gov/forms-pubs/about-publication-502).

### ***Things to consider before contributing to an***

#### **FSA:**

*Be sure to fund the accounts wisely as the IRS requires you to forfeit any unused funds left in your account at the end of the year*

*You cannot take income tax deductions for expenses you pay with your FSA(s)*

*You cannot stop or change your FSA contribution(s) during the plan year unless you experience a qualifying life event*

# DENTAL INSURANCE

## DENTAL INSURANCE PLAN

The City of Grand Junction offers a dental insurance plan through Delta Dental. This plan allows you the freedom to choose any provider. However, you will pay the least amount out-of-pocket when you choose a Delta Dental PPO provider. Delta Dental Premier providers are also in-network, guaranteeing no balance billing. However, the cost for service may be higher than the PPO plan. Locate a Delta Dental network provider at [www.deltadentalco.com](http://www.deltadentalco.com).

The benefit chart below shows the amounts that you would pay for services as a Delta Dental member.

	In-Network / Out-of-Network
	<b>PPO NETWORK / PREMIER NETWORK</b>
<b>PLAN YEAR DEDUCTIBLE</b>	\$25 individual / \$75 family
<b>PLAN YEAR BENEFIT MAX</b>	\$5,000
<b>PREVENTIVE CARE</b>	No charge
<b>BASIC SERVICES</b> <i>(including endodontic and periodontic treatment)</i>	20% after deductible
<b>MAJOR SERVICES</b>	50% after deductible
<b>ORTHODONTIA SERVICES</b> <i>(Up to age 26)</i>	50% after deductible
<b>ORTHODONTIA LIFETIME MAX</b>	\$5,000

You can ask your provider to submit a pre-determination estimate. Delta Dental will review the treatment plan and tell your provider how much you would be responsible for so you will have a clear understanding of cost prior to treatment.

Search “DeltaDental” in your app store to download the Delta Dental mobile app.

### Delta Dental Mobile App features include:

- Mobile ID Card
- Search Providers
- Estimate Dental Costs
- Save your Preferred Provider for Quick Access
- Review Claims

### Comparing Network Providers

**PPO Dentist** - Payment is based on the PPO dentist’s allowable fee, or the actual fee charged, whichever is less. You will receive the most amount of savings by choosing a PPO dentist.

**Premier Dentist** - Payment is based on the Premier Maximum Plan Allowance (MPA), or the fee actually charged, whichever is less.

**Non-Participating Dentist** - Payment is based on the non-participating Maximum Plan Allowance. Members are responsible for the difference between the non-participating MPA and the full fee charge by the dentist.

# VISION INSURANCE

## VISION INSURANCE PLAN

The City of Grand Junction offers vision insurance through Vision Service Plan (VSP). You have the freedom to choose any vision provider. However, you will maximize the plan benefits when you choose a Choice Network provider. If you choose a non-network provider, you may be responsible for paying in full at the time of service and submitting a claim to VSP for reimbursement. Locate a VSP network provider at [www.vsp.com](http://www.vsp.com). The table below summarizes the key features of the vision plan. Please refer to the official plan documents for additional information on coverage and exclusions.

**Note:** The Cigna medical plans do not cover an eye exam.

	<b>VSP VISION</b> <b>In-Network VSP Choice: Benefits available every 12 months unless otherwise noted.</b>
<b>EYE EXAM</b>	\$10 copay
<b>PRESCRIPTION GLASSES</b>	\$25 copay
<b>LENSES</b>	Included with prescription glasses copay
<b>FRAMES</b>	\$225 frame allowance + 20% savings on the amount over the allowance \$275 Featured Frame Brands allowance Copay included with prescription glasses copay
<b>LENS ENHANCEMENTS</b>	Standard progressive lenses: \$0 copay Premium progressive lenses: \$95 - \$105 copay Custom progressive lenses: \$150 - \$175 copay
<b>CONTACT LENSES</b> <i>(In lieu of glasses)</i>	\$200 allowance for contacts and contact lens exam (fitting and evaluation) Up to \$60 copay
<b>VSP LIGHTCARE</b>	\$225 allowance for ready-made non-prescription sunglasses or blue light filtering glasses, in lieu of prescription glasses or contacts \$25 copay
<b>ESSENTIAL MEDICAL EYE CARE</b>	Retinal imaging for member with diabetes covered-in-full. Additional exams & services to treat immediate issues (pink eye, changes in vision, glaucoma, diabetic eye disease and more). \$20 per exam, available as needed

## ADDITIONAL VSP BENEFITS

**Lightcare:** You have access to LightCare with VSP. Even if you don't wear prescription glasses, an annual eye exam is an easy cost-effective way to take care of your eyes and overall health. You can also use the frame and lens benefit to get non-prescription sunglasses or blue-light filtering glasses from your VSP network doctor.

**Enhanced Feature Frame:** Find a VSP Premier Edge location that carries a wide selection of Featured Frame brands at [www.vsp.com](http://www.vsp.com).

**TruHearing:** TruHearing can save you up to 60% on a pair of hearing aids; dependents and family members are eligible too. TruHearing provides you with one year of follow-up visits for fittings, adjustments & cleanings, a 60-day trial, a three-year warranty for repairs and more! Learn more at [truhearing.com/vsp](http://truhearing.com/vsp) or call 877-396-7194 with questions.

## MEDICAL, DENTAL AND VISION PREMIUMS

Listed below are the premiums for medical, dental and vision insurance. Premiums are deducted from your paycheck on either a pre- or post-tax basis. Slight rounding differences may occur.

<b>Medical</b>				
<b>Copay Plan</b>	<b>Total Premium (Monthly)</b>	<b>City Pays (Monthly)</b>	<b>Employee Pays (Monthly)</b>	<b>Employee Pays (per 24 pay periods)</b>
<b>Employee Only</b>	\$1,128.15	\$903.99	\$224.16	\$112.08
<b>Employee + 1</b>	\$2,253.20	\$1,805.48	\$447.72	\$223.86
<b>Family</b>	\$2,984.41	\$2,391.40	\$593.01	\$296.50
<b>High Deductible Health Plan</b>	<b>Total Premium (Monthly)</b>	<b>City Pays (Monthly)</b>	<b>Employee Pays (Monthly)</b>	<b>Employee Pays (per 24 pay periods)</b>
<b>Employee Only</b>	\$862.66	\$722.98	\$139.68	\$69.84
<b>Employee + 1</b>	\$1,722.90	\$1,443.95	\$278.94	\$139.47
<b>Family</b>	\$2,282.04	\$1,912.57	\$369.47	\$184.74

<b>Dental</b>				
	<b>Total Premium (Monthly)</b>	<b>City Pays (Monthly)</b>	<b>Employee Pays (Monthly)</b>	<b>Employee Pays (per 24 pay periods)</b>
<b>Employee Only</b>	\$42.02	\$32.80	\$9.22	\$4.61
<b>Employee + 1</b>	\$77.33	\$60.35	\$16.98	\$8.49
<b>Family</b>	\$128.80	\$100.50	\$28.30	\$14.15
<i>Executive Employees: Please contact HR to obtain the 2026 dental rates.</i>				

<b>Vision</b>				
	<b>Total Premium (Monthly)</b>	<b>City Pays (Monthly)</b>	<b>Employee Pays (Monthly)</b>	<b>Employee Pays (per 24 pay periods)</b>
<b>Employee Only</b>	\$7.94	\$6.18	\$1.76	\$0.88
<b>Employee + 1</b>	\$13.54	\$10.56	\$2.98	\$1.49
<b>Family</b>	\$21.58	\$16.82	\$4.76	\$2.38

# LIFE, AD&D, AND DISABILITY INSURANCE

## BASIC LIFE AND AD&D INSURANCE

Life and Accidental Death and Dismemberment (AD&D) insurance is an important element of your income protection planning, especially for those who depend on you for financial security. For your peace of mind, the City of Grand Junction provides Basic Life and AD&D insurance automatically to all eligible employees through Voya. Life insurance is available on the first day of the month following your hire date.

If you die as a result of an accident, your beneficiary would receive both the Life benefit equal to one times your annual salary up to \$150,000, and the AD&D benefit of one times your annual salary plus an additional \$50,000, (up to \$200,000). Please keep your beneficiary designations up to date. Benefits will reduce to 65% at age 65, 50% at age 70, and to 35% at age 75.

## VOLUNTARY LIFE AND AD&D INSURANCE

The City of Grand Junction provides you the option to purchase additional Life and AD&D insurance for yourself, your spouse, and your dependent children through Voya. You must purchase voluntary coverage for yourself in order to purchase coverage for your spouse and/or dependents. Benefits will reduce to 65% at age 65, 50% at age 70, and to 35% at age 75.

You and your spouse may elect or increase coverage only during the annual open enrollment period provided you have not previously been declined for coverage. Evidence of Insurability is required if you are increasing your election amount over \$20,000 and/or electing more coverage than your guaranteed issue amount from initial enrollment. Evidence of Insurability is required if enrolling for the first time outside of your new hire window.

- **Employee:** \$10,000 increments up to \$500,000 not to exceed five times your annual salary  
**Guaranteed Issue:** \$180,000
- **Spouse:** \$5,000 increments up to \$500,000 not to exceed 100% of employees approved amount  
**Guaranteed Issue:** \$30,000
- **Dependent Children:** \$2,000 increments up to \$10,000. Employee must enroll in coverage in order to purchase coverage for dependent children up to age 26.

## SHORT-TERM DISABILITY (STD)

The City of Grand Junction provides Short-Term Disability to employees after 12 months and 1,250 hours of actively working. STD is designed to help you meet your financial needs if you become unable to work due to an illness or injury, or need to care for a family member.

- **Benefit:** 100% of weekly pay
- **Benefit Begins:** After 80 hours of absence from work (112 hours for designated Fire personnel)
- **Maximum Benefit Duration:** 400 hours (560 hours for designated Fire personnel) in a rolling 12 month period of time

## LONG-TERM DISABILITY (LTD)

The City of Grand Junction provides Long-Term Disability to employees at no cost through Voya. LTD is designed to help you meet your financial needs if your disability extends beyond the STD period.

- **Benefit:** 60% of your salary up to \$6,000 per month
- **Benefit Begins:** The later of your 84th day of disability once your STD benefit has been exhausted
- **Maximum Benefit Duration:** Up to social security normal retirement age

# RETIREMENT BENEFITS

The City of Grand Junction offers employees tax-deferred retirement savings plans to support long-term financial security. Enrollment in a 401(A) plan is automatic and based on your job classification with City.

## 401(A)

**Executive Employees** - Participants in this plan have a mandatory pre-tax contribution of 9% and is matched by the City. Social Security and Medicare taxes are also withheld. Employees in this plan will be fully vested on their first day of employment.

**Full-time General Employees** - Participants in this plan have a mandatory pre-tax contribution of 6% and is matched by the City. Social Security and Medicare taxes are also withheld. Employees in this plan will be fully vested after completing five years of service.

**Full-time Sworn Police Employees** - Participants in this plan have a mandatory pre-tax contribution of 10.65% and receive a match by the City of 11%. Medicare taxes are also withheld. Employees in this plan will be fully vested after completing five years of service. Full-time Sworn Fire employees hired prior to 9/9/2018 who elected the 401(a) plan follow the same the contribution rates and vesting schedule.

If you are unsure about how to invest your retirement contributions or would like assistance with financial planning and education, meet with our Empower Retirement Plan Advisor. Take advantage of Empower's state of the art digital tools at [EmpowerMyRetirement.com](https://www.empowermyretirement.com).

## 457 PLAN

The Empower 457(B) Deferred Compensation plan allows a pre-tax or 457 Roth post-tax option. The 457(B) Deferred Compensation plan allows you to save and invest money for retirement with tax benefits. The 457(B) funds are withdrawn via payroll deductions. You may enroll, increase, or decrease these tax deferred deductions at any time.

The City will contribute a maximum of 1% if you contribute a minimum of 2% in the 457(B) pre-tax plan. The maximum contribution to the 457 plan in 2026 is \$24,500. If you are age 50 or older, you may contribute an additional \$8,000 to your account. Participants aged 60-63 are eligible for an increased catch-up contribution of \$11,250 in 2026.

## Benefits of the 457 Plan:

- Pre-tax contributions you make reduce your taxable income for the year.
- Future withdrawals with after-tax Roth contributions may be tax-free
- Unlike other retirement accounts, you don't have to qualify for an exception to avoid the 10% IRS penalty tax on withdrawals of your contributions and associated earnings before age 59 1/2.
- You may enroll, increase or decrease these deductions at any time throughout the year.

## FIRE & POLICE PENSION ASSOCIATION OF COLORADO (FPPA)

FPPA provides retirement and death & disability benefits for firefighters and police officers throughout the state of Colorado.

**Full-time Sworn Fire Employees** - Participants in the FPPA Statewide Defined Benefit plan have a mandatory pre-tax contribution of 12% and is matched at 11% by the City. Medicare taxes are also withheld. Employees hired before September 9, 2018, have a mandatory pre-tax contribution of 10.65%, plus 1.55% post-tax (12.2% total) and is matched at 11% by the City. Employer contributions will increase 0.5% each year up to a maximum contribution of 13% in 2030.

All sworn Fire employees participate in the Statewide Death & Disability (D&D) plan. Participants in this plan have a mandatory contribution of 1.2% and the City pays 2.8% of the required 4.0% for the 2026 plan year.

**Full-time Sworn Police Employees** - All sworn Police employees participate in the Statewide Death & Disability (D&D) plan. Participants in this plan have a mandatory contribution of 1.7% and the City pays 2.3% of the required 4.0% for the 2026 plan year.

## RETIREE HEALTH PROGRAM

All eligible grandfathered employees participating in the Retiree Health Benefit will contribute \$29 per pay period as a payroll deduction for the opportunity to continue participation in this benefit. You may elect to dis-enroll from this program during Open Enrollment but you cannot re-enroll. This program provides access to the City's medical, dental and vision plans to qualified members between the ages of 55-65 or when they become Medicare eligible, whichever comes first after leaving the City.

# EMPLOYEE ASSISTANCE PROGRAM (EAP)

As your employer, we are interested in your total well-being, which is why we offer an Employee Assistance Program (EAP). AllOne Health provides assistance to help you manage problems before they adversely affect your personal life, health, and/ or job performance.

All full-time employees and their household members are eligible for the EAP. This is a **free, strictly-confidential service** that includes telephonic and/or in-person counseling for up to six (6) visits per year, per household family member. In addition, six (6) life coaching sessions are now available to help you reach your personal and professional goals, manage life transitions and build balance.

Assistance is available to the following personal and work-life situations:

- Marital and family problems
- Work-related difficulties
- Emotional problems
- Life coaching
- Alcohol and substance abuse
- Domestic violence
- Health and wellness resources
- Personal assistant
- Legal and financial resources and counseling
- Child and eldercare services
- Parenting
- Medical advocacy
- Midlife and retirement counseling
- Managing people

## **AllOne Health Mobile App features include:**

### **Virtual Counseling Made Easy**

- Self-schedule virtual counseling sessions directly through the app.

### **Izzy, Your AI Mental Health Navigator**

- Receive guidance and personalized support in real time.

### **On-Demand Self-Help Resources**

- Explore self-guided therapy (iCBT), articles, videos, assessments, and tools.

### **Real Human Support**

- 24/7 live assistance is always just a tap away when you want to speak to someone.

## **How It Works**

- 1. Download the AllOne Health App** from the Apple App Store or Google Play Store.
- 2. Sign Up** using your existing member portal access code. You'll still have access to the member portal. However, the new AllOne Health App makes accessing care and requesting support easier and more convenient.
- 3. Start Exploring** – Book sessions, chat with Izzy, and discover resources that support your whole health.

Check out your EAP online resources at [www.allonehealth.com/portal](http://www.allonehealth.com/portal). Use the following information to login:

**Company Code: GJ**

**You will then create your own username and password.**

*Access to these resources will allow you to register for online services as well as complete online requests for services.*

Contact your EAP by telephone at 800-451-1834, or on the web at [www.allonehealth.com/portal](http://www.allonehealth.com/portal).

# ACCIDENT INSURANCE

The City of Grand Junction provides you with the option to purchase voluntary accident insurance through Aflac. Aflac's accident insurance will provide support when life's most unexpected moments arrive. This will help pay bills that your medical insurance doesn't completely cover. Claim payments are made in flat amounts based on services required after an accident has happened.

In the chart below you will find some examples of services that are covered. For a full list of covered services, please see the plan summary posted on CityWeb.

Aflac will provide you a \$50 payment for health screening tests conducted while your coverage is active. This benefit is available once per calendar year for both the covered employee and their spouse (not applicable to dependent children). It applies only to health screening tests performed as part of preventive care, including tests and diagnostic procedures ordered during routine exams such as annual physicals, biometric screenings, colonoscopies, eye exams, and more. For more details and to access the claim form, visit the CityWeb Benefits page.

<b>ACCIDENT INSURANCE</b>	
Coverage Amounts	Benefit Amounts
<b>EMERGENCY ROOM OBSERVATION</b> <i>(within 7 days after the accident)</i>	\$100 each 24 hour period
<b>ACCIDENT FOLLOW-UP TREATMENT</b> <i>(max of 6/ accident, within 6 months after the accident provided initial treatment is within 7 days of the accident)</i>	\$50
<b>AMBULANCE</b> <i>(within 90 days after the accident)</i>	\$200 Ground / \$1,000 Air
<b>FRACTURES</b> <i>(once/accident within 90 days after the accident)</i>	Range: \$240-\$6,000
<b>DISLOCATIONS</b> <i>(once/accident within 90 days after the accident)</i>	Range: \$160-\$2,000
<b>BURNS</b> <i>(once/accident within 6 months after the accident)</i>	Range: \$100-\$20,000
<b>THERAPY</b> <i>(max of 6/accident, within 90 days after the accident provided initial treatment is within 7 days of the accident)</i>	\$50

Hospitalization

<b>HOSPITAL ADMISSION</b> <i>(Once/accident within 6 months after the accident)</i>	\$1,000 per confinement
<b>HOSPITAL CONFINEMENT</b> <i>(max of 365 days/accident, within 6 months after the accident)</i>	\$300 per day
<b>HOSPITAL INTENSIVE CARE</b> <i>(max of 30 days/accident, within 6 months after the accident)</i>	\$250 per day

<b>ACCIDENT INSURANCE</b>	<b>EMPLOYEE</b> <i>(PER 24 PAY PERIODS)</i>
<b>EMPLOYEE</b>	\$7.23
<b>EMPLOYEE &amp; SPOUSE</b>	\$10.60
<b>EMPLOYEE &amp; CHILD(REN)</b>	\$12.56
<b>FAMILY</b>	\$15.93

# CRITICAL ILLNESS INSURANCE

The City of Grand Junction provides you with the option to purchase voluntary critical illness through Aflac. Critical Illness insurance provides a financial, lump-sum benefit upon diagnosis of a covered illness. These covered illnesses are typically very severe and likely to render the affected person incapable of working. Because of the financial strain these illnesses can place on an individual and families, critical illness insurance is designed to help you pay your mortgage, seek experimental treatment, or handle unexpected medical expenses. Claim payments are based on a percentage of the purchased amount.

- **Employee:** \$5,000 increments up to \$50,000
- **Spouse:** \$5,000 increments up to \$50,000, not to exceed employee’s benefit amount
- **Dependent Children:** Covered at 50% of the employee’s benefit amount at no additional charge

In the chart below you will find some examples of critical illnesses that are covered. For a full list of illnesses that are covered, and for cost details, please see the plan summary posted on CityWeb.

CRITICAL ILLNESS INSURANCE		
Covered Illness	Initial Occurrence Benefit Amount (% amount pertains to principal sum)	Reoccurrence Benefit Amount
<b>CANCER</b> ( <i>Internal or Invasive</i> )	100%	Aflac will pay benefits for the same critical illness after the first when the two dates of diagnoses are separated by at least 6 consecutive months. Cancer diagnoses are subject to the cancer diagnosis limitation.
<b>HEART ATTACK</b> ( <i>Myocardial Infarction</i> )	100%	
<b>STROKE</b> ( <i>ISCHEMIC OR HEMORRHAGIC</i> )	100%	
<b>MAJOR ORGAN TRANSPLANT</b> ( <i>25% of this benefit is payable for insureds placed on a transplant list for a major organ transplant</i> )	100%	
<b>KIDNEY FAILURE</b> ( <i>End-Stage Renal Failure</i> )	100%	
<b>BONE MARROW TRANSPLANT</b> ( <i>STEM CELL TRANSPLANT</i> )	100%	
<b>SUDDEN CARDIAC ARREST</b>	100%	
<b>SEVERE BURN*</b>	100%	
<b>PARALYSIS**</b>	100%	
<b>COMA**</b>	100%	
<b>LOSS OF SPEECH / SIGHT / HEARING**</b>	100%	
<b>NON-INVASIVE CANCER</b>	25%	
<b>CORONARY ARTERY BYPASS SURGERY</b>	25%	

\*This benefit is only payable for burns due to, caused by, and attributed to, a covered accident.

\*\*These benefits are payable for loss due to a covered underlying disease or a covered accident.

# VOLUNTARY BENEFITS

## LIFELOCK

Identity theft has been the top consumer complaint filed with the FTC for 15 years straight. Victims spend an exorbitant amount of time and money dealing with the repercussions of identity theft. LifeLock provides employees and their families peace of mind by monitoring your identity from every angle, not just your Social Security number, but also credit cards, bank accounts and even social media accounts.

### NEW FOR 2026!

This policy now includes home title monitoring, checking/savings account application alerts, bank account takeover alerts, and improved credit monitoring. Norton device security now covers up to 5 devices or 10 devices for family coverage and up to 50 GB of cloud backup. All existing enrollees will migrate to the upgraded plan automatically, and there will be no change to rates.

LifeLock Identity Theft	
<b>LifeLock Benefit Essential</b>	<b>Employee Pays</b> (per 24 pay periods)
<b>Employee Only</b>	\$4.25
<b>Family</b>	\$8.49
<b>LifeLock Benefit Premier</b>	<b>Employee Pays</b> (per 24 pay periods)
<b>Employee Only</b>	\$7.00
<b>Family</b>	\$13.99

## TRUSTMARK UNIVERSAL LIFE INSURANCE WITH LONG-TERM CARE BENEFIT

### Financial security even after a loss

Protecting your loved ones is one of life's greatest responsibilities. When a family loses someone, in addition to grief, survivors may suddenly be faced with costly expenses and debts, and even a loss of income. Universal Life can help. Whether you are married, a parent or single and starting out, Universal Life helps take care of the people important to you if tragedy happens. You can choose a benefit amount that provides the right protection for you.

### Solving the long-term care issue

At any point in your life, you may need long-term care services, which could cost hundreds of dollars per day. Universal Life includes a long-term care (LTC) benefit that can help pay for these services at any age.

**Here's how it works:** You can collect 4% of your Universal Life benefit per month for up to 25 months to help pay for long-term care services.

**Flexible features available:** If you collect a benefit for LTC, your full death benefit is still available for your beneficiaries, as much as doubling your benefit.

**Universal Life sample rates** Sample ranges of monthly rates for employee-only, non-smoker coverage. Your exact rate may depend on additional features selected by you and/or by your employer.

Age at purchase	\$25,000 policy
30	from \$21.93 – \$27.17
40	from \$32.15 - \$40.91
50	from \$51.65 – \$66.91

*Sample rates are shown for illustrative purposes only. Rates may vary by age, smoking status & state. An application must be completed to obtain coverage.*

## PET INSURANCE

If you're a pet parent, your fur babies are an important part of your family, bringing comfort, joy and unconditional love. In return, you do the best you can to take care of them. But pet care is expensive and veterinary costs continue to rise. We have selected PetPartners to be your partner in pet protection.

### What's Covered

- Pre-existing conditions\*
- Broken bones
- Diagnostics
- Surgery
- Prescription medication
- Alternative treatments\*\*
- Toxin ingestion
- Digestive issues
- Behavioral issues\*\*
- Cancer
- Hospitalization

### Take the stress out of unexpected vet bills.

Pet insurance reimburses you for the cost of accidents and illnesses throughout your pet's life. Here's how it works:

1. Visit your vet (or any licensed vet or clinic)
2. Pay your vet then submit a claim
3. Get reimbursed for eligible expenses

PetPartners	
<b>Accident Only</b>	<b>Employee Pays</b> (per 24 pay periods)
<b>Per Covered Pet</b>	\$5.04

PetPartners	
<b>Accident &amp; Illness</b>	<b>Employee Pays</b> (per 24 pay periods)
<b>Cat age 0-10 (per cat)</b>	\$11.64
<b>Dog age 0-10 (per dog)</b>	\$22.87

\* Pre-Existing condition coverage may require a 12 month waiting period.

\*\* Eligible with optional Alternative & Behavioral Care rider.

## ADDITIONAL BENEFITS & DISCOUNTS

Employees will accrue the following amount of Paid Time Off (PTO) to use for vacations and illness. There is no waiting period for new employees to use their PTO once it is accrued. There is no waiting period for new employees to use their PTO once it is accrued.

Please refer to the City's Personnel Policy Manual for the most up to date accrual rates.

General Employees		
Years of Service	Bi-Weekly Accrual Hours	Annual Accrual Days
1-5 years	9.846	32
6-10 years	10.769	35
11-15 years	11.692	38
16-20 years	12.615	41
21 or more	13.539	44

Designated Fire Employees		
Years of Service	Bi-Weekly Accrual Hours	Annual Accrual Shifts
1-5 years	13.864	15
6-10 years	15.138	16.4
11-15 years	16.431	17.8
16-20 years	17.723	19.2
21 or more	19.015	20.6

## 2026 PAID CITY HOLIDAYS

New Year's Day	Jan 1	Labor Day	Sept 7
Martin Luther King Jr. Day	Jan 19	Veteran's Day	Nov 11
Presidents' Day	Feb 16	Thanksgiving Day	Nov 26
Memorial Day	May 25	Day after Thanksgiving	Nov 27
Juneteenth	June 19	Christmas Day	Dec 25
Independence Day (Observed)	July 3		

- City offices will be closed according to this schedule. For employees in 24/7 operations, holiday pay will be applied on the actual holiday rather than the City's observed holiday.
- Non-exempt employees required to work on a holiday will receive holiday pay at their regular base rate, in addition to compensation for hours worked.
- Fire personnel working a holiday as part of their regularly scheduled shift will receive holiday pay at their base rate under the existing 11.2-hour structure.

## LEAVE PROGRAMS

Leave benefits allow employees to take time off from work. The City provides all Federal and State mandated leaves. Please refer to the Personnel Policy Manual for complete information on all leaves offered.

Some of the leave programs available to employees include:

- Bereavement Leave
- Family Medical Leave
- Military Leave
- Short-Term Disability Leave
- Long-Term Disability Leave

## COLORADO FAMILY AND MEDICAL LEAVE INSURANCE PROGRAM (FAMLI)

Paid family and medical leave benefits are available to most Colorado employees who earned at least \$2,500 over the previous year for work performed in Colorado.

The City of Grand Junction has exercised the right to opt-out of FAMLI, meaning that the City has declined to participate and will not make contributions to the program. However, even though the City is not participating in the program, employees may individually opt in to the program by contacting the FAMLI Division at [CDLE\\_FAMLI\\_info@state.co.us](mailto:CDLE_FAMLI_info@state.co.us) or 866-263-2654.

Any City of Grand Junction employee who chooses to opt in to the program will be responsible to remit premiums directly to the State of Colorado. The City will not be deducting the premium from paychecks or handling any related reporting. See [famli.colorado.gov](http://famli.colorado.gov) for more information.

# CITY OF GRAND JUNCTION'S CHILD CARE FACILITY

The City of Grand Junction is proud to provide early childhood education services designed to support the growth and development of young children. Using an evidence-based curriculum, the program offers a nurturing environment where infants, toddlers, and preschool-aged children can learn, explore, and thrive. Childcare is available to both the children and grandchildren of City employees, giving families access to quality early learning opportunities.

The childcare facility is located at 545 25<sup>1</sup>/<sub>2</sub> Road in Grand Junction and operates Monday through Friday, making it easier for working families to balance professional and personal responsibilities. Because childcare rates are subject to change, employees are encouraged to contact the facility directly at 970-254-3817 or by emailing [childcare@gjcity.org](mailto:childcare@gjcity.org) to verify current costs and availability.

## WORKERS' COMPENSATION

For non-emergency work-related injuries requiring medical attention, employees are to obtain medical care through one of the City's Designated Medical Providers, listed below. If you choose to seek your own medical care outside of the City's Designated Medical Providers, you could be liable for all medical costs charged by a non-designated clinic.

An Employee Report of Injury Form and Designated Provider List must be completed and returned to Human Resources in order for your medical bills to be authorized under Workers' Compensation Insurance. City policy requires all work-related incidents to be reported within 24 hours, regardless of severity.

Refer to CityWeb for the most up-to-date provider list and Employee Report of Injury form.

### Occupational Clinics

#### **Grand Valley Occupational Health (Monday - Friday: 7 am to 5 pm)**

2020 N 12th Street, Grand Junction, CO 81501 | Phone: 970-256-6490

#### **St. Mary's Occupational Health (Monday - Thursday: 8 am to 4 pm, Friday: 8 am to 3 pm)**

2686 Patterson Road, Entrance #41 Grand Junction, CO 81506 | Phone: 970-298-2001

#### **Family Health West (Monday - Friday: 8 am to 5 pm)**

2237 Redlands Parkway, Grand Junction, CO 81507 | Phone: 970-858-9894

#### **Community Care of the Grand Valley (Monday - Saturday: 8 am to 8 pm, Sunday: 12 am to 4 pm)**

1060 Orchard, Suite N, Grand Junction, CO 81501 | Phone: 970-256-6345

Note: In the case of an emergency situation, you should go to your nearest emergency room. Once the emergency has resolved, follow-up care must be arranged through a Designated Medical Provider. If you are away from Mesa County on City business at the time of injury, you can be treated by a qualified physician near your location. Once you return home, follow-up care must be scheduled with one of the designated providers, listed above.

The City of Grand Junction contact and the insurance administrator responsible for Workers' Compensation claims management are:

- **Human Resources:** 250 North 5th Street, Grand Junction, CO 81501 | Phone: 970-256-4024 | Fax: 970-256-4109
- **CIRSA:** 3665 Cherry Creek North Drive, Denver, CO 80209 | Phone: 800-228-7136

## ADDITIONAL BENEFITS & DISCOUNTS

### MESA COUNTY HOME PROGRAM

City employees who are first time home buyers may be eligible to receive a \$1,000 matching grant to help cover costs associated with buying a home. This is an employer-paid benefit.

**Email:** [benefits@gicity.org](mailto:benefits@gicity.org)

### EMPLOYEE ASSISTANCE FOUNDATION (EAF)

Funded through tax deferred employee contributions, the Foundation was established to help current City employees in times of death, illness, financial hardship or catastrophe. Contributions may be deducted on individual tax returns, as EAF is a 501(c)(3) tax exempt charity.

**Email:** [benefits@gicity.org](mailto:benefits@gicity.org)

### GRAND VALLEY TRANSIT

City employees can get a free Grand Valley Transit (GVT) pass so they can ride GVT buses for free! Obtain your pass at the City of Grand Junction Human Resources Office. You will need to bring your Employee ID badge to obtain a pass.

**250 N. 5th St., Ste 208, Grand Junction, CO 81501**

**Hours of Operation:** Monday - Friday, 8am-12pm or 1-5pm

### TRAVEL ASSISTANCE

When traveling more than 100 miles from home, Voya Travel Assistance offers enhanced security for your leisure and business trips. You and your dependents can take advantage of four types of services: pre-trip information, emergency personal services, medical assistance services and emergency transportation services. You and your family are eligible on the first day of your 6th month of employment.

**Contact Voya Travel Assistance 24 hours a day, 365 days a year for:**

Emergency Medical Transport, Medical Assistance, Travel Assistance, and Security Assistance Services.

**From anywhere in the world:** +1 (317) 659-5841

**Visit Online and Register:** [imglobal.com/member](http://imglobal.com/member)

**Enter Referral Code:** VOYATRAVEL

### SMARTDOLLAR

Learn how to get out of debt and reach your goals faster with a plan that actually works and the tools you need to put it into action. Create a free account today!

**Visit:** [smartdollar.com/enroll/cityofgrandjunctionco8722](http://smartdollar.com/enroll/cityofgrandjunctionco8722)

### EMPLOYEE SERVICE PROGRAM

Employees are eligible to receive service awards for every five years of employment with the City.

### MICROSOFT WORKPLACE DISCOUNT PROGRAM

Enjoy the full benefits of Microsoft 365 to get advanced security, more cloud storage, and premium apps with AI2 designed to help you achieve the extraordinary. Microsoft 365 Family and Personal annual subscriptions are 30% off for Workplace Discount Program eligible customers. Plus, the discount continues for as long as you maintain recurring billing.

**Visit:** <https://www.microsoft.com/en-us/workplace-discount-program>

**Sign Up** - Enter a valid work email address & validate your eligibility via the verification link that is sent

**Sign In** - Use your personal Microsoft Account and link for savings Shop – Save 30% on select Microsoft 365 subscriptions

### 529 COLLEGE SAVINGS PLAN

The City offers access to a 529 College Savings Plan through CollegeInvest. As a Colorado resident, every dollar you contribute can be deducted from your Colorado State taxable income. If you open a new account, you'll receive a free \$50 Kickstart Bonus. Parents with children born on or after January 1, 2020, are eligible for the First Step Program, which includes a free \$100 gift contribution to your child's CollegeInvest College Savings Account.

**Website:** [collegeinvest.org](http://collegeinvest.org)

### DISCOUNTS

The City provides discounts to various activities like gym memberships, weight loss programs and movie tickets. See the full list of discounts on CityWeb.

### DISCOUNT MARKETPLACE

Enjoy discounts on a variety of products and categories by visiting the City of Grand Junction Benefit Hub.

Travel | Entertainment | Restaurants and more....

**Visit:** [gicity.benefithub.com/](http://gicity.benefithub.com/)

### PRIMEHEALTH+ (FORMERLY MARILLAC HEALTH)

PrimeHealth+ provides a wide scope of primary medical, dental & behavioral health care services to all Mesa County residents regardless of income or insurance status. Sliding fee discount scales are available for uninsured patients or patients with high deductibles. All City employees may utilize PrimeHealth+ clinics in Grand Junction.

**Visit:** [Primehealthplus.org](http://Primehealthplus.org)

**Phone:** (970) 200-1600

### DELL EMPLOYEE PURCHASE PROGRAM

Dell has partnered with the City of Grand Junction to offer employees exclusive discounts on Dell, Dell Pro & Dell Pro Max devices. For additional info, visit the link below.

**Visit:** <https://www.dell.com/en-us/lp/dellmember>

*Step 1 – Select 'Sign-in or Create an Account'*

*Step 2 – Register for Dell Rewards by clicking the Dell Rewards box when you create your My Account*

*Step 3 – Verify your employee status with a valid work email address*

*Step 4 – Your member discount will be automatically applied to applicable items; you will see the discount applied once get to your [Dell.com](http://Dell.com) cart*

### APPLE STORE FOR GOVERNMENT

Apple provides a powerful, flexible platform that helps government agencies do more for their communities. iPhone, iPad, Mac, Apple Watch and Apple Vision Pro are secure, accessible, and sustainable by design, and they offer advanced features.

**Visit:** [www.apple.com/government](http://www.apple.com/government) and select 'Contact us' to take the next step. Apple professionals can help you find the best solution for you!

## CONTACT INFORMATION

IF YOU HAVE ANY QUESTIONS REGARDING YOUR BENEFITS OR THE MATERIAL CONTAINED IN THIS GUIDE, PLEASE CONTACT HUMAN RESOURCES.

**Phone:** 970-244-1512 | **Email:** [benefits@gjcity.org](mailto:benefits@gjcity.org)  
**Address:** 250 N. 5th Street – 2nd Floor, Grand Junction, CO 81501

Coverage	Carrier	Phone Number	Website/Email
Medical	Cigna Group # 3342872	800-244-6224	<a href="http://cigna.com">cigna.com</a> <a href="http://my.cigna.com">my.cigna.com</a>
Mail Order Prescriptions	Express Scripts Group # 3342872	800-835-3784	<a href="http://my.cigna.com">my.cigna.com</a>
Sage Health & Wellness Center	2525 N. 8th Street, Suite 106 Grand Junction, CO 81501	970-628-0012	<a href="http://my.marathon-health.com">my.marathon-health.com</a>
Virtual Care (Cigna Members Only)	Cigna MDLIVE Group # 3342872	888-726-3171	<a href="http://my.cigna.com">my.cigna.com</a>
Dental	Delta Dental of Colorado Group # 11871	303-741-9305	<a href="http://deltadentalco.com">deltadentalco.com</a>
Vision	Vision Service Plan (VSP) Group # 30088051	800-877-7195	<a href="http://vsp.com">vsp.com</a>
Flexible Spending Accounts (FSAs)	Rocky Mtn Reserve (RMR)	888-722-1223	<a href="http://rockymountainreserve.com">rockymountainreserve.com</a>
Health Savings Account (HSA)	Home Loan State Bank	970-243-6600	<a href="http://hlsb.com">hlsb.com</a>
Life, AD&D Insurance Long Term Disability	Voya Financial Plan #695718	800-955-7736	<a href="http://voya.com">voya.com</a>
Life with Long Term Care	Trustmark	800-514-3446	<a href="mailto:CustomerCare@trustmarkbenefits.com">CustomerCare@trustmarkbenefits.com</a> <a href="http://www.TrstmarkVB.com">www.TrstmarkVB.com</a>
FPPA Retirement & Disability	Fire & Police Pension Association (FPPA)	303-770-3772 Toll Free: 800-332-3772	<a href="http://fppaco.org">fppaco.org</a>
Empower	401(a): General Employee - #582902-02 SWORN Police - #582902-03 SWORN Fire - #582902-04 Executive - #582902-05  457 Plan: #582902-01	800-701-8255	<a href="http://EmpowerMyRetirement.com">EmpowerMyRetirement.com</a>
Employee Assistance Program (EAP)	AllOne Health EAP	800-451-1834	<a href="http://allonehealth.com/portal">allonehealth.com/portal</a> Company Code: GJ
Critical Illness Accident Insurance	Aflac Group #21885	800-433-3036	<a href="http://mylogin.aflac.com">mylogin.aflac.com</a>
Identity Theft	LifeLock	800-543-3562	<a href="http://memberportal.lifelock.com">memberportal.lifelock.com</a>
Pet Insurance	PetPartners	800-543-3562	<a href="http://portal.independenceamerican.com/login/">portal.independenceamerican.com/login/</a>
City of Grand Junction Child Care	City of Grand Junction	970-254-3817	<a href="mailto:childcare@gjcity.org">childcare@gjcity.org</a>
Escalated Claim Support	Benefits	970-244-1551	<a href="mailto:benefits@gjcity.org">benefits@gjcity.org</a>
City of Grand Junction Discount Marketplace	Brown & Brown	866-664-4621	<a href="http://gjcity.benefithub.com/">gjcity.benefithub.com/</a>

# DISCLAIMER

**Disclaimer:** This document is designed to provide basic information regarding benefit plans and programs available to eligible employees. This document merely summarizes the employee benefit plans and programs and does not detail all of the terms, conditions, restrictions, and exclusions contained in the plan documents, carrier contracts and/or Summary Plan Descriptions (SPD) (the “plan documentation”) for the various benefit plans and programs. Every reasonable effort has been made to ensure the accuracy of the information contained in this document; however, in the event of a discrepancy between the information in this document and the plan documentation, the provisions described in the plan documentation will govern. This document does not create any contractual rights for any current or former employee, or for any other individual. The provisions of the applicable plan documentation will govern the determination of any individual’s rights under any employee benefit plan or program. Your employer reserves the right to amend or terminate any of its employee benefit plans and programs at any time and without notice or cause.

**Important Notices:** Employees will receive benefits and compensation information electronically unless an employee sends a written request to People & Culture asking for information to be sent via mail. For more information about HIPAA, PHI, or ePHI, please contact People & Culture.

Click below to see:

[New Hire Notices](#)

[Mid-Year Enrollment Notices](#)

[Annual Notices](#)

Effective April 2026:

This guide has been revised and replaces all previous versions. Prior versions should not be used and are no longer considered current.

A copy of the 2026 Benefit Guide and all related programs can be found on the Benefits page of CityWeb.