

**GRAND JUNCTION CITY COUNCIL
ADDITIONAL WORKSHOP AGENDA**

**MONDAY, MAY 3, 2004, 11:30 A.M.
SENIOR RECREATION CENTER, 550 OURAY AVENUE**

- 11:30 am **WELCOME AND OVERVIEW OF SENIOR RECREATION
CENTER FACILITY & PROGRAMS BY THE SENIOR
RECREATION CENTER BOARD** [Attach 1](#)
- 11:45 pm **DISCUSSION OF LINCOLN PARK MASTER PLAN**
- 1:00 pm **ADJOURN**

This agenda is intended as a guideline for the City Council. Items on the agenda are subject to change as is the order of the agenda.

Revised December 16, 2011

Attach 1
Senior Recreation Center Overview

MISSION STATEMENT

The Senior Center Recreation Division is committed to increase awareness and encourage professional standards of operation and leadership involving recreational, social, educational and leisure services for older adults.

History

Every community ideally needs a place for older citizens to congregate call their own and spend their leisure time. In May of 1967 a group of retired citizens developed a concept for the Older American Center funded by Title III funds and a state fund grant. That group changed sites 3 times over the course of 6 years until 1973 when funds from the City of Grand Junction, Mesa County, the Senior Citizens and the Kiwanis Club helped to fund the development of what we now know as the Senior Recreation Center at its current location of 550 Ouray Avenue.

Seniors, for purposes of the Parks and Recreation division's recreation programming, are classified as being at least 55 years of age, in accordance with the national guideline. According to City Community Development statistics, individuals in this class comprise 23% of Mesa County's population. This currently equates to 24,719 senior residents. Within the City of Grand Junction, the U.S. Census Bureau (2000) reports that there are 11,206 senior residents.

Today, all operating costs of the facility are the responsibility of the City of Grand Junction, although the SRC, Inc. (Senior Recreation Center, Inc.) has financed some minor improvements and purchased new equipment. The operation is subsidized from the General Fund with minimal revenue being generated from user fees. The SRC, Inc. continues to serve as the primary administrative body over the Center, with a Recreation Supervisor and Recreation Leader II providing assistance. SRC, Inc. provides volunteers from within the organization to perform the daily tasks and program functions at the Center.

The operation of the Senior Recreation Center differs from other public recreation agencies providing recreation services in that the Division does not provide a full-time, paid director. In 1996, the Division funded a half-time recreation coordinator, with the stipulation that SRC, Inc. also fund half of the position cost. After two years of funding the position, the seniors became concerned that they were spending the bulk of their savings and when the position was vacated, they chose to no longer fund it. Since that time a part-time Recreation Leader II has been hired and funded by the City to develop

much needed senior programming opportunities for the Recreation Division. That leader is not involved in the management of the Senior Recreation Center.

Activities and Events

Daily activities for members of the Senior Recreation Center are managed by SRC, Inc. Membership fees are \$5 per person and are valid for one year from the date of membership. With a membership fee, members are welcome to participate in special activities, a monthly business meeting, luncheons and other activities. Membership for 2003 totaled 560 members. The Senior Recreation Center is open as an activity center for general purposes Monday – Saturday from 8:00 a.m. – 4:00 p.m. with a set schedule of daily drop-in activities. SRC, Inc. hosts a multitude of holiday special events and luncheons including the St. Patty's Day celebration, Queen for a Day celebration, Halloween costume contest and more.

In April of 2002, the Parks and Recreation Department hired a Recreation Leader II – Senior Programs to perform a variety of duties involved in implementing and supervising educational, cultural and physical programs for older adults. This position is a part-time position funded completely by the Recreation Division. Below you will find a brief list of some of the activities that the SRC, Inc. and Parks and Recreation offer for the seniors of our community.

Senior Recreation Center, Inc. Activities

- Cribbage
- Painting
- Computer Classes
- Card Bingo
- Bingo
- Pool
- Social Cards
- Pool Lessons
- Pool Tournaments
- Pinochle
- Canasta
- Membership Meeting and Luncheon
- Dances
- Bridge
- Senior Singles
- Holiday Parties/Special Events

Parks and Recreation Activities

- Beginning & Intermediate Line Dancing
- Tap Dance
- Deuces Wild
- Tennis Lessons
- Financial Workshops & Estate Planning
- Tai Chi
- Snowshoeing
- Yoga
- Basic Computer Classes Level 1 – 5
- Basic Internet Classes
- Herb Gardening
- Rocky Mountain Health Plans Track & Field Challenge
- Social Security Workshop
- Watercolor Painting
- Line Dance Workshop
- Hula
- Trekkers
- Western Colorado Senior Games

In 2003, the total number of seniors that participated in daily drop-in activities programmed by the SRC, Inc. was over 31,000 (total is duplicated, drop-in participation numbers). Another 2,227 participated in Parks and Recreation activities and classes. Also, in 2003 volunteers logged over 7,000 hours to assist with SRC, Inc. activities which totaled 3.39 FTEs.

Other Facility Uses

The Senior Recreation Center is available for rental by the community for special events and meetings. Rentals are not frequent due to the extensive use during the day activities of SRC, Inc. and the regular use during the evening for Parks and Recreation activities. One outside user group that has high use is the Gray Gourmet program, serving lunch 4 days per week. AARP also uses the facility regularly for their business meetings on the second Thursday of every month. Evenings are busy at the facility as well with a regular dance activity that meets every Thursday and Saturday evening and Sunday afternoon. Non-members are welcome to participate in these outside user group activities.

SRC, Inc. and Parks and Recreation Collaboration

The SRC, Inc. Board and the Parks and Recreation Department are committed to working collaboratively to provide support for existing programs as well as new ones. The following is a short list of projects or activities that indicate how the two organizations assist each other.

- SRC Inc. provides funds and volunteer assistance to help support the implementation of a quarterly Deuces Wild special event.
- SRC Inc. provides \$1000 and abundant volunteer assistance for the 1st, 2nd and 3rd annual Western Colorado Senior Games.
- SRC Inc. and Parks and Recreation agree to share the cost of a mural to be painted on the facility's north wall in an effort to improve the aesthetic quality of the building.
- SRC Inc. and Parks and Recreation share the cost of licensing the computer lab's 8 computers with Microsoft Word. Computers were donated by the City of Grand Junction.
- City of Grand Junction Facilities Division maintains and funds janitorial services, capital improvement projects and general maintenance of the facility.
- The Parks and Recreation Department funds water, sewer, electricity, gas as part of overall facility maintenance.
- SRC Inc. has purchased tables, chairs and other items used for SRC, Inc. activities as well as Parks and Recreation activities and community rentals.

Western Colorado Senior Games

The 1st and 2nd annual Western Colorado Senior Games were held in Grand Junction in mid September of 2002 and 2003. Participants competed in the following events: track and field, golf, swimming, bowling, bridge, pool, pinochle, horseshoes, basketball, and even line dancing, with medals awarded for each event. An evening social will culminate this year's event.

Participation in 2003 was 72 seniors and was slightly lower than the 92 seniors in 2002, but community support for both years was outstanding. Sponsorships were collected for the two events with a host of other businesses donating in-kind products for the games.

The Games provide an opportunity for seniors to make new friends and enjoy the company of acquaintances. Staff and senior planners are excited about this year's event and confident that attendance will increase. Also, progress is being made to combine efforts with other Western Colorado recreation agencies and to attract participants from Glenwood Springs, Carbondale, Battlement Mesa, Montrose, Delta, and even Durango.