



24/7/365 medical coverage for you and your dependents

You and your eligible dependents can talk to a U.S. board-certified doctor anytime, anywhere, by phone or video. Teladoc[®] doctors can treat many of your medical conditions. [Give your family access to Teladoc.](#)

1 Set up your account (PRIMARY MEMBER)

Visit teladoc.com/feelbetter and click "Set up account". Follow the online instructions to provide the necessary information and to complete your medical history.

2 Set up minor dependents (17 OR YOUNGER)

Log into your account and click "My Family" from the top menu. Eligible dependents will already be listed under the "My Dependents" section. Click the dependent's name and complete their medical history.

3 Set up adult dependents (18 OR OLDER)

The member has the ability to add the Adult over the age of 18 as a dependent. The member must provide an email address that the adult dependent can be contacted. Teladoc will email the adult dependent access instructions. When the adult dependent receives the log on information they are able to go in and set up their account and complete their medical history. Adult dependents 18 years and older must complete their own medical history. Adult dependents set up their own account by visiting the website and clicking "Set up account". They should follow the online instructions to provide the necessary information and to complete their medical history.

4 Request a consult

Once your account is set up, request a consult anytime and anywhere you need care. With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.



Do I have a username?

When setting up your account online, you will be asked for a username. Your username can be found on your Teladoc membership card. If you do not have a membership card or you do not know your username, simply select "No" and complete the information requested.

If you have questions when registering please call 1-855-647-6767

Talk to a doctor anytime

 teladoc.com/feelbetter

 [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

 1-855-VIP DOCS

 Teladoc.com/mobile