## Grand Junction

## State of Colorado

## PROCLAMATION

WHEREAS,

Advance Care Planning is the act of making decisions about the medical care you want to receive if you become unable to speak for yourself. These decisions are based on personal values, preferences, and discussions with loved ones; and

WHEREAS,

5, heightening awareness in the 18-30 year old age group around the need for young people to create advance medical directives is critical; and

WHEREAS, it is estimated that only about 20 percent of people in Colorado have executed an advance directive. Moreover, it is estimated that less than 50 percent of severely or terminally ill patients have an advance directive; and

WHEREAS, it is likely that a significant reason for these low percentages is that there is both a lack of knowledge and considerable confusion in the public about advance directives; and

WHEREAS, one of the principal goals of National Health Care Decisions Day is to encourage medical professionals and others who are knowledgeable to volunteer their time and efforts to improve public knowledge and increase the number of Mesa County citizens with advance directives; and

WHEREAS, communicating end-of-life wishes involves introducing the conversation, exploring personal beliefs and choices, and defining and documenting these wishes; and

WHEREAS, the Advance Care Planning Task Force and other organizations throughout Mesa County, Colorado, endorse this event, and are committed to educating the public about the importance of discussing health care choices and executing advance directives.

NOW, THEREFORE, I, Phyllis Norris, by the power vested in me as Mayor of the City of Grand Junction, do hereby proclaim April 16, 2017 as

"National Health Care Decisions Day"

in Mesa County, and encourage citizens to create medical advance care directives that align with each individual's personal beliefs and preferences, and which will guide the individual's medical professionals during a time of medical need. To assist in raising awareness, the Mesa County Advance Care Planning Task Force is sponsoring three events: a conversation project – on Monday, April 17<sup>th</sup> at Community Hospital at 6 p.m.; a panel discussion on April 18<sup>th</sup> at the Mesa County Public Library at 6:30 p.m.; and half day seminar on Thursday, April 20<sup>th</sup> at St. Mary's Hospital from 8a.m - 2 p.m.

IN WITNESS WHEREOF, I hereunto set my hand and caused to be affixed the official Seal of the City of Grand Junction this 5<sup>th</sup> day of April, 2017.

