

City of Grand Junction, State of Colorado

Proclamation

- Whereas,** Advance Care Planning is the act of making decisions about the medical care you want to receive if you become unable to speak for yourself. These decisions are based on personal values, preferences, and discussions with loved ones; and
- Whereas,** heightening awareness in the 18-30 year-old age group around the need for young people to create advance medical directives is critical; and
- Whereas,** only about 35 percent of people in Colorado have executed an advance directive. Moreover, it is estimated that less than 50 percent of severely or terminally ill patients have an advance directive; and
- Whereas,** it is likely that a significant reason for these low percentages is that there is both a lack of knowledge and considerable confusion in the public about advance directives; and
- Whereas,** one of the principal goals of National Health Care Decisions Day is to encourage medical professionals and others who are knowledgeable to volunteer their time and efforts to improve public knowledge and increase the number of Mesa County citizens with advance directives; and
- Whereas,** communicating end-of-life wishes involves introducing the conversation, exploring personal beliefs and choices, and defining and documenting these wishes; and
- Whereas,** the Mesa County Advance Care Planning Task Force is sponsoring a month of conversational sessions and organizations/businesses will be hosting "Before I Die" interactive art exhibits to raise awareness and educate our community about the importance of discussing health care choices and executing advance directives (for the complete listing of events call 2-1-1).

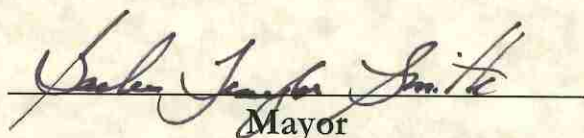
NOW, THEREFORE, I, Barbara Traylor Smith, by the power vested in me as Mayor of the City of Grand Junction, do hereby proclaim April 16, 2019 as

"National Health Care Decisions Day"

in the City of Grand Junction, and encourage citizens to create medical advance care directives that align with each individual's personal beliefs and preferences, and which will guide the individual's medical professionals during a time of medical need.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the official Seal of the City of Grand Junction this 6th day of March, 2019.




Mayor